

Chapter One

Kedrick the Head Trip here. My stage name is satirical, not literal; it doesn't mean not being taken seriously. I'm a songwriter in Cacti Pterosaur. I write protest songs with good reason. Dystopian science fiction isn't so fictional anymore.

In dystopia, most don't realize they're in dystopia, they see nothing wrong with the society they live in. Sounds familiar.

Among the many topics, I'll begin with what directly and negatively affects me; there's rampant political abuse of psychiatry. Anybody can be misdiagnosed. The vast majority of them have never been violent, people labeled "mentally ill" are more likely to be victims of violence than perpetrators. The press endorses discrimination known as mentalism or sanism, a variation of ableism or disabelism.

The authorities were given many opportunities to take action. Instead, they ignored me. This inadvertently verified my points. Authority is oppressive. The laws allegedly protecting people are unenforced.

The phony "advocates" ignore my pleas for my help. I'm forced to share a house with a bully, Mike Inigo. My character is defamed in the falsified medical records. I've written rebuttals nobody sees. When I report current abuse, the authorities pretend I'm too late. Either that, or they deny having jurisdiction in this matter. After many phony "advocates" refused to "advocate", I finally got a hold of Independence Unlimited and there's been some improvements since then.

The bully in my house, Mike Inigo is a constant reminder of past trauma.

These writings are redundant because that proves I was ignored when reaching out for help. Psychiatry preys upon good and innocent people who are mellow, docile, and passive. The drug pushers claim mellow people are monsters. Without evaluation, the pushers will misdiagnose anybody. That's insurance fraud because the misdiagnosis fools insurance companies to pay for drugs.

Most psychiatrists I've known never heard of savant syndrome or Asperger's syndrome and they won't admit trauma occurs. Everytime the withdrawal symptoms lead to involuntary admission because the pushers wouldn't taper the drugs, they lied under oath without penalty of perjury. The court hearings are recorded, so the evidence of perjury being encouraged is incontrovertible. The burden of proof was on them.

Medicinal cannabis saves lives. When genuine medicine was relegalized in Connecticut in 2012, many psychiatrists in this state pretended not to notice. They act like they're in the 1930's, the Reefer Madness Era. Jazz and swing musicians didn't "go insane on reefer from Mexico", the medical necessity works wonders for mental health. The drug pushers won't admit to their classism. The poor are considered a threat to the wealthy regardless of complexion. The hate mongers denigrate a prehistoric medical necessity, claiming most of its users are either Afro Americans or immigrants, especially from Mexico; while unwilling to admit they hate and fear all poor people. They hide the class war under the guise of a "drug war".

I didn't tell them what to prescribe, I told them to discharge me from the whole system. The pushers say "nothing terrible would happen" from suddenly discontinuing use of pharmaceuticals because they won't taper them, then they commit their targets over withdrawal symptoms; exacerbating Post Traumatic Stress Disorder.

At New Britain General Hospital, Dr. Christopher Yergen claims trauma survivors are "more than just a little bit paranoid" because of his own insecurities projected upon his prisoners. Yergen is ashamed of himself, so he resorts to psychiatric fraud and abuse. I don't expect any better from a bully.

Also at New Britain General, Dr. Micheal Edward Balkunas continues his reign of terror. Medicinal herb doesn't "interfere with medicine", there isn't such a contraindication. Balkunas is infuriated by the shift in public opinion. The prehistoric medical necessity won't stop saving lives. Repeating a lie won't make it come true. Medical necessity doesn't "impair concentration", the opposite is true. The safest and most effective medicine is how I focus. The herb still prevents paranoia because it's still relaxing. The pushers degrade the oldest medicine in the world with their backwards claims because they push new drugs that already failed the test of time. The alleged "antidepressants" can make anybody depressed and much worse.

Balkunas misdiagnosing me worsened everything. This gave ammunition to Jeff Shelton, Fred Reindell, John Nazarian, Enrique Tello, and many other crooked doctors.

I write about my experience because the examples prove these atrocities still happen.

Susanne Wargo, a negligent psychiatric APRN, didn't warn me Xanax would cause brain damage and deadly withdrawal symptoms, then I was involuntarily committed over my seizure that bigot caused. The junky staff at Bristol Hospital said the cause was "undetermined."

Survivors guilt hasn't ruined me yet. I do the best I can to acquire closure.

I should've been among the first to be prescribed medicinal cannabis for PTSD upon re legalization in 2012. I was misdiagnosed at the time.

Dr. Richard Miller is still a doctor at the Wheeler Clinic's school. He prescribed drugs that made me drowsy, and I was in detention because the pusher wouldn't taper the drugs. I had no choice, couldn't stay awake. Prior to that, I was prodigious in elementary school. I was in the gifted and talented classes. I couldn't tolerate bullying, hence the PTSD. I'd be diagnosed with it decades later. I was sent to the Wheeler Clinic because I was an easy target for bullies.

Dr. Jeffrey Shelton scoffed at me for relying on actual medical necessity to concentrate. The bully pushes pharmaceuticals that cause depression and blames it all on a relaxing medicinal herb that fights depression and wins.

The drug pushers are convinced medical necessity is the cause of every problem that exists and then some. Asphyxiation caused brain damage because the gas masks were strapped to the monkey's faces so tight that they suffocated, "losing no smoke", and that's the origin of the myth of "brain damage" from medical necessity.

Alice Martinez of the DPH encouraged violations by CMHA and Bristol Hospital. CMHA wasn't held accountable for misdiagnosing me "schizo affective, bipolar" nor the insurance fraud via falsified medical records nor the refusal to taper pharmaceuticals nor any other violation. The bigot sneered, "CMHA didn't make you stop abusing marijuana, so that's the only violation" despite that medical necessity is never "abuse" and herb is medical necessity without exception.

Freedom of movement was restricted without reason. That's a violation.

The Wheeler Clinic's Mobile Crisis Team lied to a 9-1-1 operator and didn't get arrested for misuse of a 9-1-1 call. There was no "bomb", and I'm not "out to get the Jews".

This isn't over.

The authorities will soon have to explain why they encouraged all of these violations.

Here's a link to one of my band's most known songs, Ingenuity :

<https://youtu.be/GoLjmY48C84>

Chapter Two

Most of the nightmares are about schools and hospitals. I also had a nightmare about being mute and unnoticed. People walked away from me. I had to input in their conversations. I just couldn't speak.

Cats in dreams symbolize both femininity and spirituality. My cat dreams historically include being scratched and bit, such as a recent dream about a kitten I couldn't remove due to its claws in my back while it bit me.

The tsunami in South East Asia in 2002 was vaguely predicted in one of my many precognitive dreams. An Asian-American child who lived on the same street as me at the time had to be rescued from flooding in the dream a few days prior. The premonitions are usually too vague to be recognized as a warning until an event occurs similar to the dream.

In the late 2000s, a friend of mine in the Middle East was wounded by a tank in a dream I had. She lived in Ramallah, West Bank. I didn't tell her about the dream.

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I've been using binaural beats and isochronic tones and pulses.

Each season, I attend a Temazcal, a sweat lodge. Sweating a lot releases toxins and it's a very spiritual experience.

Chapter Three

Here's the lyrics to Call for Liberation:

Kedrick the Head Trip
Call for Liberation

So many protest.
Everyone is oppressed.
Nobody has freedom at anyone else's expense.
I must insist that authority should cease to exist.
I'm an anarcho-primitivist.
We must resist Empire and its many clients.
They're all tyrants
My Zerzan-esque verses will burn down churches to murder (neo)conservatives for their
disservice.
They deserve it.

Proudhon correctly said, Property is Theft, and influenced Bakunin.
We need more than a revolution.
Progress is a myth.
Technology inflicts pollution upon Earth as persecution, hence what Edward Abbey said was the
industrial way of death.
Civilization is self-destructive and meant to oppress.

When ignoring the facts, some have resorted to a personal attack.
The accusation of hypocrisy is obviously an ad hominem (among the more common and most
easily refutable and futile of any logical fallacy) to blame us for using technology while in
civilization's clutches, as if blaming a cripple for using crutches.

Anarcho-primitivism is what I believe in. There can't be freedom where there is authority,
hierarchy, and other crimes of the civilized.
I support nomadic forager tribes.

Authority and hierarchy have divided us, and lied to us.
We had been told that our rights were recognized and wouldn't be denied.
Empire has tried to deprive us of our skills that we needed to survive.
The low lives who hide behind a badge fabricate crimes to meet their quotas.
They patrol us and enforce their war upon us.

Empire and its apartheid has to end, and we need not let it slide ever again.
We can easily resist them, and we will win.

We outnumber and outwit the oppressors.
We can do much more than merely demonstrate against them.
They intend to arrest anyone who protests them, but we don't have to let them.
If we had all been killed, then there'd be nobody to oppress when there's none of us left.

I told them I won't tolerate the laws and hate they have caused for so many years.
I made myself clear

They didn't hear because they had lard in their ears.
Yet we are precisely what their Empire should fear.
Much like the Irish volunteers, we're undefeated.
Those who profit from apartheid have repeated their lies, but that doesn't make them true.
We must liberate the Earth, as that's what we are obligated to do.

Chapter Four

Chattel slavery isn't the only slavery, indentured servants were slaves, and they were less expensive than chattel slaves, thus more "expendable", and surviving indentured servitude was unlikely, so being allowed to own property and vote afterwards is irrelevant like not being hereditary; the Southern Poverty Center is meant to divide and conquer those who fight hate. The white supremacists still despise the Irish and exclude them from the narrow definition of "whiteness" that hasn't been expanded. The SPLC lost a lot of support by denying that there were Irish slaves. They shot themselves in the foot. That hateful article was published on St Patrick's Day just to rub it in that Irish Americans are mostly detached from our roots and don't know there were already Irish slaves thousands of years before American slavery that included Irish indentured servants.

Chapter Five

The authorities were already told about the abuse. I'll unfortunately have to describe it more vividly.

Action must be taken to shut down psychiatry because it causes more harm than good. Nobody deserves torture. When I report current violations reminding me of my traumatic past, the authorities pretend I'm too late as if they didn't read my report. I had to describe how the present is negatively impacted by the past.

Before 2005, nobody subjected me to misdiagnosis, it was known that I'm an autistic savant, not "bipolar, schizo affective, and schizophrenic", yet my character has been defamed since 2005 and prior medical records were incorrectly described as "destroyed". The slanderphrenia lead to more stigmatization and discrimination.

The phony "advocates" ignore me and dig a hole for themselves. The truth will surface. Dr. Micheal Edward Balkunas misdiagnosed autism and PTSD as "bipolar disorder, schizo affective disorder, and schizophrenia" and all abuse has been encouraged by the authorities. Much like reapplying for disability money, the reports will continue. Somebody will eventually admit the violations occurred, and all who denied this will be brought to justice.

Trauma occurred, it's not "imaginary" as the drug pushers claimed. I was portrayed as a monster in the falsified medical records because the pushers will degrade anybody they can. They prefer to target the most mellow, docile, and passive people. Kindness is mistaken for weakness.

I didn't "attempt to assault an old lady", I was a target of death threats and harassment. A bully, Richard Solnik, labeled me a "retard" and falsely arrested me because an old lady screamed death threats at me. The bully is a felon, he falsified a police report. My witnesses didn't call the cops on me, they reported the elderly perpetrator. Solnik the felon has been promoted to Detective.

When I said I never use alcohol, I was falsely accused of "abusing alcohol" in an Intake Assessment by Sara Carlson Allwood who no longer works for Community Mental Health Affiliates. Throughout the intake, I explained I'm an autistic savant with PTSD. None of that was mentioned, I was misquoted.

Community Mental Health Affiliates didn't "provide services", my Post Traumatic Stress Disorder was exacerbated every time I was forced into hospitals over withdrawal symptoms because the pushers refuse to taper the drugs. CMHA never helped me get into college or get a job. I was discharged from CMHA in 2015. This was after landlords refused to return the rent and security deposit when I was evicted after 9 days. My case manager at the time, Linda McGrouder, said "you're on your own" after the scammers called her a "babysitter"; and I didn't have the money to sue them for stealing from me. Joanna Haffner evicted me from respite without warning and got away with it after instructing the staff to invade my privacy at least once an hour. Dr. John A. Nazarian didn't warn me about Topiramate when he prescribed it, I was harassed about the abnormal skin odor it caused, and the water heater was defective, so I had to take cold showers, even in the winter, and the bullies denied the shower barely worked.

Margaret Pienezak harassed me to cause anxiety attacks by reminding me of past trauma. When I got jumped for taking a walk I lived on, the bigot threatened to call the Mobile Crisis Team to commit me because I insisted on better housing.

Since 2015, I've been stuck with Continuum of Care. I wasn't told there was a bully residing in my house when I moved in back in October 2017. I would move out if not for a crooked judge appointing a conservator years ago.

I'm gradually recovering from my traumatic past that I'll unfortunately have to describe later. I write to sublimate, hence the protest songs. Psychiatric fraud and torture are rampant. When there's evidence of violations, authorities refuse to investigate. All of my reports were ignored because my character was defamed in falsified medical records. The drug pushers told me I'd never amount to anything. They were wrong.

In the summer of Summer 2019, my band, Cacti Pterosaur, was finally succeeding. Our song Ingenuity was a hit on YouTube and growing fast. I posted it about 10 months prior. After reaching 1000 views within 7 months, it's close to 2000 views by mid July. The 2020's will be a great decade for Cacti Pterosaur.

Unfortunately, there's a bully in my house and I'd have to go to the Probate Court to move out. To summarize, a crooked Probate Judge in the Berlin District appointed a conservator of person and estate without grounds to do so. This long story will be described thoroughly later.

My anti-authoritarianism is learned from experience more than anything else, such as the influence from fiction with a message, like the mutants as a metaphor in X-Men.

Chapter Six

The Age of Aquarius dawned in the spring of 2017. That was quite a watershed.

The summer of 2017 was the 50th anniversary of the summer of love, 1967.

I should've been instantly prescribed herb in 2012 when the laws changed. In 2011, I was misdiagnosed "schizo affective, bipolar" and falsely accused of "polysubstance abuse". The bigot Sara Carlson Atwood wrote a recommendation that I be locked up long term. Nothing about autism or PTSD was mentioned in the intake assessment. I vividly described the trauma and made it very clear that I have PTSD and autism. I don't drink. Therefore, I never "admitted to abusing alcohol".

Community Mental Health Affiliates is a hate group. I was told "you're on your own" when I was denied a refund of the security deposit and rent after 9 days at Wolak's Guest House in Southington, Connecticut.

In 2015, CMHA got revenge yet again. I was stuck at Connecticut Valley Hospital because of a falsified Physician's Emergency Certificate by Dr. Noonan, who's first name I wasn't told.

The staff at Battell Hall were infuriated at CMHA. The doctors quickly noticed the misdiagnosis was outrageous. It took 4 months to find me housing so I could be discharged.

I was told the misdiagnosis was long gone. That's not true, I was harassed about the records at a dentists' office.

Chapter Seven

Here's the lyrics to Ingenuity:

Ingenuity

Ingenuity

Continuity

Congruity

Facing scrutiny

Raising mutiny

Lucidly

Like a true gypsy

Kedrick the Head Trip

Psychedelic epic

Runic divination

Therapeutic herb, mushrooms and roots

Induced this

Intuitively influenced aesthetics of music

Elusive, conducive

To commemorative penmanship that's

Consecutive

Immaculate Om chant
Astrological.
Philosophical like Immanuel Kant.
Primordial.
Clairvoyant.
I'm cognizant and benevolent.

Embrace this, and go scavenging with javelins.
Shapeshift into a makeshift spaceship.
Traveling, rambling on to the Amazon's pantheon where the feral amiable animals and
egalitarian heroines are jamming on Grateful Dead songs and recording electronic voice
phenomenon.

Classic
Empathic
Ecstatic
Eclectic
Eccentric
Syncretic
Authentic
Poetic
Aesthetic
Telekinetic
Telepathic
Sympathetic magic
Has conjured some pure ectoplasmic entity in this Deadheady tent city where the psychedelic
hippies
Speak of equality and equity.
We don't pray, we merely say,
Blessed Be
Especially at the medicinal weed dispensary.
We are defending peace with empathy.
This be spiritual ecstasy.
Everyone oppressed, every refugee gets our sympathy.
Wizardry has given me an epiphany,
Apolitically.
I exist to be instantly primitive and at peace.
There has to be resistance to be free.

Ingenuity
Continuity
Congruity
Acuity
Facing scrutiny
Raising mutiny
Lucidly
Like a true gypsy

Chapter Eight

The pharmaceutical industry is systematically poisoning the populace to sell drugs. The vaccinated majority are more likely to catch whooping cough than the unvaccinated minority. The press neglects to mention unvaccinated people who didn't catch measles. Vaccines can cause seizures, coma, encephalitis, and death to name a few of their hazards. Deaths from infectious diseases were on the decline by 90 percent before vaccines. Sanitation reduces the spread of infectious diseases. Pharmaceutical companies don't "save lives", that wouldn't be profitable. A minority can't "weaken herd immunity". Measles isn't usually fatal, prior generations knew surviving measles and chickenpox was a rite of passage during childhood. Anybody who survived measles is less susceptible to cancer, Parkinson's disease, and other diseases. Vaccines contain carcinogens and neurotoxins.

<https://healthfreedomidaho.org/court-rules-vaccines-contribute-to-and-cause-sids-deaths>

<https://youtu.be/pt6aJBsA6QM>

https://www.youtube.com/playlist?list=PLCKkJQCGOofcKzGLQ3J1jQPI8dm_Ggep

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3236196/>

<https://www.ncbi.nlm.nih.gov/pubmed/15805992>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3364648/>

<https://www.youtube.com/redirect?q=http%3A%2>

The lyrics to For Freedom from Psychiatry, Force and Fraud, an early draft of Defy Dystopia and Defend from Psychiatric Fraud :

Newscasters who spew disaster don't inform those who veiw that a fashionable discrimination, mentalism or sanism, a variation of ableism or disabelism is endorsed as preferable while everybody who's stigmatized and ostracized

is considered expendable
and detestable
for being traumatized and almost universally despised
many are forcibly drugged and electroshocked to be vegetables
it's disturbing to describe
such reprehensible
atrocities enforced by
Probate Judges
who hold their grudges
while the reporters don't want to realize they stigmatize those who would probably save their
lives.
Fear sells. I'm not buying.
Measles isn't a death sentence.
Censorship of a documentary
Is barely even trying.
The fear mongering is blatant denying and lying.
Measles isn't bubonic plague.
Such feeble claims aren't even as vague rather than opposite the truth.
The populace is too afraid to comprehend proof.
Distress when the press will degrade
a minority who couldn't weaken any herd immunity,
That's inherently absurd, brutally undeterred by scrutiny.
Not one American child dead from measles in over a decade
The vaccinated majority is told lie after lie.
The herd immunity rationale doesn't apply
When pretending viruses could be spread by those who haven't caught them or that new strains
are to blame.
That's an inherently bogus claim.
Forced vaccination with bans and badges are inhumane.
Mandatory vaccination is oppressive because it's coercive, thus indefensible.
There could be internment or worse for those who don't get vaccinated on schedule.
The autists are stigmatized by lies and portrayed as expendable.
Autism doesn't cause rampages,
The savant syndrome misdiagnosed while geniuses are locked in cages.
The reprehensible sadistic staff will Drug Shock Misdiagnose
To push their drugs to those who thought they were immunized.
Disease is exacerbated.
Only a minority are unvaccinated.
The harm caused by measles is exaggerated.
The idea of a herd immunity weakened by a minority is outrageous,
Like bogus bans and badges on those who didn't catch anything and therefore, are apparently
not contagious.
Doped up staff are sociopaths who laugh as they steal opiates from the detoxification wards
they're working at, forcing prisoners into rehabilitation.
This invasion is futile, it's desperation when the pushers resort to slander phrenia.
Therapy can't be forced.
Pushers label anybody
"mentally ill" without evidence

then pretend they have grounds to torture
while claiming to 'medicate'
those whom they denigrate to decimate
it's never therapeutic when against their will
For freedom from psychiatry,
force and fraud,
I easily see through a façade

Chapter Nine

Here's some journal entries:

1:45 a.m. Friday July 12th 2019

I sent the following email to the Connecticut Legal Rights Project:

I'm reporting current violations and to illustrate what caused PTSD and how outrageous it was and is to misdiagnose PTSD as "bipolar" and "schizo" this and that, I had to mention the abuse from the past I was prevented from reporting at the time because it negatively impacts the present.

I have evidence of the violations currently perpetrated by Attorney Katrina Camera, her staff, and Continuum of Care.

I was incorrectly told the misdiagnosis from 2005 to 2015 was long gone.

The case is currently in the Newington District, hence the Probate Judge isn't the same one who appointed Attorney Camera as conservator of person and estate because of false testimonies despite the burden of proof on the doctors and others who should've been penalized for perjury.

I need my independence back. There wasn't and isn't any grounds for a conservator. My money is given to Continuum of Care for rent after I was traumatized in this house. The damage has been done.

Authorities ignore my reports, especially because my character was defamed in falsified medical records.

Discrimination includes mentalism or sanism, a variation of ableism or disableism. Nobody deserves torture, regardless of any alleged "symptoms". Forced drugging is torture. False advertising is so rampant, "antidepressants" can make anybody depressed.

Electroconvulsive torture still happens, and brain damage remains irreversible. ECT erases all memories, including those most cherished.

I'm entitled to closure. Medical necessity isn't "abuse"; all cannabis use is inherently medicinal.

Repeating a lie won't make it come true. Nobody went "insane" from a relaxing medicinal herb and there can't be a valid reason to hate medical necessity as if prehistoric medicine would require approval from irrational psychiatrists or anyone else. Anybody motivated isn't "lazy and apathetic" nor could the medical necessity possibly "impair concentration" or "cause brain damage" or et cetera. To this day, medicinal cannabis still prevents paranoia because it's still relaxing. Medical necessity isn't only for adults, I survived my youth because of medicinal cannabis. Medicinal doesn't mean not psychoactive, the THC content is listed on the pill bottle unless specified as CBD. The edibles and oils don't affect everyone.

Unqualified staff never heard of savant syndrome, they thought I couldn't be autistic because I'm not low functioning. They go to misdiagnosis is "bipolar, schizoaffective, schizophrenic, and psychotic" without examination; the drug pushers presume rather than evaluate.

Psychedelic therapy is incontrovertible and the "freak outs" are unlikely to occur in a therapeutic setting. This means pharmaceutical companies will lose more customers.

Probate Judges ignored the burden of proof on the pushers. Perjury is allowed by judges who

boast they're "above the law" due to immunity from lawsuits.

People labeled "mentally ill" are more likely to be victims of violence than perpetrators. The media's narrative is backwards. Mass shooters were either on psychiatric drugs or withdrawing from them.

Falsified medical records were never corrected, I was lied to. Reevaluation didn't make a difference. My rebuttals were ignored. Insurance fraud via misdiagnosis deprives me of rights. I have survivors' guilt because the same sadists are still torturing people.

In Junior High and High School, I was forced to take drugs that made me sleep in class and thrown in detention at the Wheeler Clinic. The perpetrator, Dr. Miller, is still ruining lives.

Anybody who needs medicinal herb should take a stand by not giving business to Canna Care Docs or Arrow. I was given a hard time at Arrow dispensary because the staff are bullies, so they complained to Canna Care Docs and my recertification was deactivated. They don't comprehend PTSD. Therefore, they're unqualified. My PTSD will worsen without medicinal herb and I was denied the license by Canna Care Docs. I have PTSD. Therefore, I qualify. There's no medical reason to decertify me, the decertification was to spite me.

Susanne Wargo pushes Xanax without concern about brain damage or deadly withdrawal symptoms. John Nazarian didn't warn me Topiramate could cause abnormal skin odor. Joanna Haffner evicted me from respite without warning to spite me. Community Mental Health Affiliates is a hate group. I was never given "services", my PTSD worsened every time I was subjected to withdrawal symptoms because pushers don't taper the drugs. Nachiyyappan Manoharan said "here's the deal" and threatened forced injections of Zyprexa. Jeffrey Shelton also wanted to prescribe Zyprexa because it's falsely advertised as a "sedating antipsychotic" and he falsely accused me of "a history of psychosis" without knowing my history. Christopher Yergen resorts to bullying his prisoners, claiming they're "more than just a little bit paranoid".

Junkies work at detox wards to get their fix. It's always "do as we say, not as we do". They nod off and talk with their eyes closed while pretending to be infested with opiophobia. Lives are in their hands while they're doped up.

The 1930's are over. Jazz musicians and Mexicans didn't "go insane on marijuana that makes them think they're as good as white men", the medical necessity works wonders for mental health. Without classism and racism, everybody would know medicinal cannabis saves lives. Wheeler Clinic is still ruining lives. Here's an idea: NOT forcing kids to take drugs that cause drowsiness. Let them stay awake. I excelled in school until I was forcibly drugged to sleep through class and be thrown in detention for it. My spine still hurts because my head was on the desk.

I'm coerced to share a house with a bully, Mike Inigo. He harasses me, threatens me, steals from me, and even waits for me at the park; he's a stalker. When committed, he returns to my house almost instantly. He pulled down his pants and indecently exposed himself, and he was back the next day.

This is all extreme.

Sincerely,

Kedrick Tucker

7:41 a.m. Friday July 12th 2019

Re-legalization of herb is inevitable. Unfortunately, lawmakers are only it for the money last I knew. They want to tax and restrict an herb that saves lives. Shame on them. That's the norm. I haven't heard of even one lawmaker admitting nobody should be taxed for herb or told how much to possess. Herb isn't only for adults, either. That's outrageous. The pharmaceutical

imitations of methamphetamines are prescribed to babies. Yet another generation could be ruined, addicted to contaminated street drugs, if herb were only available to adults.

9:20 a.m. Friday July 12th 2019

The bully convinced the staff to side with him yesterday. These escalating violations are an embarrassing record for Continuum of Care.

3:39 - 3:47

My case manager Matt Quinn gave me a very hard time when I politely asked that he write a note that my plants should be watered while I'm gone. The bully Mike Inigo sabotaged my coffee maker, so Matt told *me* to clean up his mess. Locking my door guarantees nothing since it's not difficult to slide a card through a locked door to open it.

When the bully gets hauled off, he returns quickly. Bill Peirce of DMHAS said he would see what he could do. He agrees it's not too much to ask that my plants be watered for me while I'm gone. I'm on my way to Bristol for the weekend .

Friday night

attended an open mic and rocked the house. Performed Ingenuity and the first verse of Call for Liberation.

Saturday

Mostly at Brackett Park today.

Sunday July 14th 2019

8:12 p.m.

Improvements are too gradual and I don't have the patience.

8:58 p.m.

I lost control of my thoughts upon my return to this house. That was hours ago.

9:20 p.m.

Less than a month until Camp Creek and I still have no idea where I'd get \$ I already bought my wristband.

Monday July 15th 2019

7:38 a.m.

108 deaths caused by vaccines from 2004 to 2015 and not one death from measles during the same era. The pro-vaxx pawns say they'd "rather be autistic than dead" like those could be the only possibilities. A minority can't "weaken herd immunity" and measles isn't a death sentence. The pro-vaxx bullies despise autists and diminish the plight to promote deadly poison.

8:48 a.m.

PTSD was exacerbated more than a few times. Medicinal herb reduces my nightmares. Without it, I'd have somniphobia. Nobody should pay for medical necessity.

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9:12 a.m.

As mentioned already, mass shooters were either on psychiatric drugs or withdrawing from them, plus the bullying is a factor, rampages continue because psychiatry and bullying continue while the populace is misled; almost nobody accepts the fact that prescribers and bullies are at fault.

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11:35 a.m.

Still no "services", still no "advocacy", the bully in my house still escalates, and I'm still charged rent to suffer in this house I was traumatized in.

Tuesday, July 16th

Full Moon known as a Buck Moon or Thunder Moon

I volunteered today at a dinner at a church.

Wednesday, July 17th 2019

7:20 a.m.

Not easy to avoid intrusive memories without medicinal herb.

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Thursday, July 18th, 2019

8::27 a.m.

Earlier this morning, I called out the junky staff at Bristol Health on its Facebook page. Junky staff say "do as we say, not as we do" as they pretend to be opiophobic while nodding off and talking with their eyes closed. They're unqualified, they never heard of savant syndrome, they misdiagnose autism as "bipolar disorder, schizo affective disorder, schizophrenia, psychosis" et cetera. They push drugs and refuse to taper them, hence targets are involuntarily committed over withdrawal symptoms. Susanne Wargo, an irrational psychiatric APRN, doesn't care that Xanax causes brain damage and deadly withdrawal symptoms. The targets are locked up over seizures and the junky staff claim the cause is "undetermined". Dr. Jeffrey Shelton gets his kicks sending his targets through the revolving door with Physicians Emergency Certificates when there isn't any "emergency". Everybody who's been forced into any hospital has been traumatized. They're all entitled to medicinal cannabis for Post Traumatic Stress Disorder. Dr. Shelton scoffed at me because medicinal herb is how I concentrate. Medical necessity isn't "abuse", nobody who's relaxed is "paranoid", nobody who's motivated is "lazy and apathetic", medicinal herb doesn't "impair concentration", nobody gets "depressed" from a prehistoric medicinal herb that reduces depression, the first medicine isn't "linked to schizophrenia", and the 1930's are over; the drug pushers who torture people by forcing drugs upon them are in the wrong era. All herb use is medical necessity, with or without any prescriptions or license. Medical necessity isn't only for adults, I survived my youth because of medicinal cannabis.

- - - - -
4:45 p.m.

Earlier today, I reached out to Independence Unlimited, and copied and pasted from before: "Nobody will help me. Connecticut Legal Rights Project ignores me, like Advocacy Unlimited and Disability Rights Connecticut. They don't "advocate", they're charlatans. The ACLU refuses to help or even offer any legal advice. Socialist Action CT blocked me.

There's a bully in my house and I'm not allowed to move out. A crooked judge appointed a conservator without grounds. I'm charged rent while a bully harasses me and gets away with it. I never agreed to this. I was forced to sign the lease and nobody warned me.

There's a bully in my house and I'm not allowed better housing. A crooked judge appointed a conservator without grounds

insurance fraud is common practice. The rationale for misdiagnosis is "insurance companies will have to be told they're paying for something", hence the pushers admitted to insurance fraud.

Psychiatry u for weakness.

At Bristol Health, junky staff say "do as we say, not as we do" as they pretend to be infested with opiophobia while nodding off and talking with their eyes closed. They're unqualified, they never heard of savant syndrome, they misdiagnose autism as "bipolar disorder, schizo affective disorder, schizophrenia, psychosis" et cetera. They push drugs and refuse to taper them, hence targets are involuntarily committed over withdrawal symptoms. Susanne Wargo, an irrational psychiatric APRN, doesn't care that Xanax causes brain damage and deadly withdrawal symptoms. The targets are locked up over seizures and the junky staff claim the cause is "undetermined". Dr. Jeffrey Shelton gets his kicks sending his targets through the revolving door with Physicians Emergency Certificates when there isn't any "emergency". Everybody who's been forced into any hospital has been traumatized. They're all entitled to medicinal cannabis for Post Traumatic Stress Disorder. Dr. Shelton scoffed at me because medicinal herb is how I concentrate. Medical necessity isn't "abuse", nobody who's relaxed is "paranoid", nobody who's motivated is "lazy and apathetic", medicinal herb doesn't "impair concentration", nobody gets "depressed" from a prehistoric medicinal herb that reduces depression, the first medicine isn't "linked to schizophrenia", and the 1930's are over; the drug pushers who torture people by forcing drugs upon them are in the wrong era. All herb use is medical necessity, with or without any prescriptions or license. Medical necessity isn't only for adults, I survived my youth because of medicinal cannabis.

At New Britain General Hospital, Dr. Michael Edward Balkunas and Dr. Christopher Yergen torture their prisoners. They kept me inside for months. I got sick from the lack of fresh air. Yergen claims trauma victims are "more than just a little bit paranoid" because of his own insecurities projected upon his prisoners. If he wasn't ashamed of himself, then he wouldn't be a bully.

Community Mental Health Affiliates is a hate group. I was never given "services", the drug pushers just kept forcing me into the hospital, exacerbating PTSD. They misdiagnosed PTSD and autism as "schizo affective, bipolar" and refused to taper the drugs. Dr. John A. Nazarian is yet another bully.

Balkunas is among the main sources of misdiagnosis in the falsified medical records. Before 2005, nobody denied I was on the highest functioning end of the autism spectrum. I excelled in school until I was thrown into the Wheeler Clinic, forced to take drugs that cause drowsiness, and thrown in detention. I wasn't allowed to stay awake in school, yet still graduated.

Since medicinal records can't be expunged, I'm not allowed a clean slate. I was harassed about the misdiagnosis at a dentist's office. Anybody with access to the records only sees the misdiagnosis, not my rebuttals to it.

Discrimination includes mentalism or sanism, a variation of abelism or sanism. That's why nobody will help me. My character was defamed by drug pushers.

Please help

- -----

6:40 p.m.

Today was extra rough. I'm on tolerance break. The phony "advocates" dug a deep hole for themselves. The truth will surface and they'll be called to account. The wheels are in motion.

Chapter Ten

More from the journals :

Friday, July 19th, 2019

10:30

I just called out Michael Shermer, an extreme skeptic. I tweeted;

"blind rejection isn't any more plausible than blind acceptance. Your extreme skepticism doesn't make you seem very intelligent. You're anti-science. Please just stop."

Before that, I had also tweeted this:

"I don't have to be reminded that @joerogan wouldn't always disagree with me or that there are "bigger fish to fry" than @joerogancomedy or @DrPhil of bigotry. I merely requested @JoeRogan explain why encouraged the bully "Dr" Phil by allowing him another outlet to spew hatred."

I don't expect any reply.

- - - - -

Saturday July 20th 2019

Ten of Wands

Snake

12:11 a.m.

posted this on Facebook:

almost nobody follows me on Instagram. at least Jasper Coal does. for those unaware, Jasper Coal is a Celtic folk-punk band from Alabama.

- - - - -

12:15 a.m.

free speech doesn't ONLY apply to hate speech. when Nazis get slugged in the face, their apologists suddenly pretend to support free speech.

1:09 a.m.

can't prevent nightmares so I might have to not sleep

3:23 a.m.

still awake, so I posted this on Facebook and shortened it for Twitter.

"anybody claiming "lunatics took over the asylums" is wrong since lunatics already run psychiatric facilities. They misdiagnose anybody to shift the blame off of themselves. They point fingers and stamp labels. The crazy staff prey upon good and innocent people. Comparing society to "an asylum taken over by lunatics" is incorrect because the staff (already) include nutcases who torture people. DUH!"

3:50 a.m.

Nobody repealed the First Amendment, I won't get "locked up" for telling it like it is, I speak my mind and I vent knowing I could get harassed for it and I'm undeterred. Nothing about my posts could possibly be illegal. I shouldn't have to explain this.

4:50 a.m.

Still haven't slept.

5:53 a.m.

without medical necessity, not being trapped in that house guarantees nothing.

Saturday July 20th 2019 (unspecified time)

I have more lyrics I just can't rely on my band. It takes a long time to record a good song and it's been 10 months without beginning another song. Cacti Pterosaur barely records one song per year and I might just reform it with different members. Their talent doesn't mean it's worth waiting on them.

Called out MidState Medical Center:

Yet another doctor wrote a Physicians' Emergency Certificate when there was NO emergency. My PTSD worsened when the bullies in blue sent me to Mid State, so a doctor (Anderson?) wrote the P.E.C. without evaluation. If I hadn't been forced into the hospital, I wouldn't have been agitated. The bully said "I'm sending you to New Britain General Hospital because you're agitated and paranoid" despite that medicinal cannabis still prevents paranoia because it's still relaxing. (DUH!)

Medical necessity isn't "abuse" and the 1930's are over. Repeating a lie won't make it true. The fact remains that medicinal cannabis saves lives and prevents paranoia because it's relaxing. To this day, a prehistoric medicinal herb remains safer and more effective than any other medicine. Its users are motivated, not "lazy and apathetic", the first medicine doesn't "impair concentration" or "cause psychosis", nobody will persuade or coerce a prehistoric medicinal herb to suddenly "cause paranoia" or be "linked to schizophrenia", and there's no "conspiracy against white people"; life is too short to be a hater. Jazz musicians and Mexicans didn't "go insane on marijuana that makes them think they're as good as white men", the first medicine works wonders for mental health; unlike falsely advertised pharmaceuticals. The pushers are afraid of losing customers, so they rely on classism and racism. The phony "drug war" targets people instead of drugs. Medical necessity isn't only for adults, I survived my youth because of medicinal cannabis. All use is medicinal, not "abuse", and the youth are being coerced to get

addicted to contaminated street drugs. If herb were only available to adults, another generation would be ruined. Pharmaceutical methamphetamines are prescribed to children.

Years after re- legalization of medicinal herb in Connecticut in 2012, there's still a lot of irrational psychiatrists who denigrate medical necessity and pretend all users require a license and prescription. That's not free, and insurance doesn't cover the safest and most effective medicine. Moreover, Post Traumatic Stress Disorder is usually misdiagnosed as either "bipolar disorder" and / or "schizo" this or that. Everybody subjected to forced psychiatry has been traumatized. The pushers won't lose a customer, they forcibly commit their targets over withdrawal symptoms. If the pharmaceuticals were tapered, recovery would begin. Medicinal herb is paving the way for relegalizing psychedelic therapy, there won't be "freak outs" in a therapeutic setting, the pharmaceutical industry will lose more customers, and the pushers are afraid; hence now they know what it's like.

The alleged "advocates" refuse to reply.

Years later, I still have survivors' guilt and no closure

-- -----

1:42 p.m.

Listening to a reading of MLK's Letter from a Birmingham Jail.

7:25 p.m.

A comrade of mine, -----, stopped by with a pendant, Tarot cards, sage, et cetera. . We quickly conversed about Cacti Pterosaur, extreme skeptics, and a few other topics. She agreed with me entirely. The skeptics' tests are rigged.

Shame on John Oliver. He's literally a joke because that's the point of comedy. His gullible fanbase was fooled by a comedian, not even an actual newscaster.

Blind rejection isn't any more plausible than blind acceptance. Extreme skepticism is for the most ignorant and irrational. The skeptics include known charlatans. They don't use the "scientific method" they go on and about. They're anti-science.

Accountability is avoided by liars who deliberately mislead a vulnerable populace and this is done with malicious intent. Freedom OF the press isn't FOR the press. The disastrous results of publicly lying are a valid concern regardless of entitlement to opinions, especially since misrepresenting a false claim as true couldn't be excused as a right to be wrong when done both publicly and usually while aware of the truth being the opposite.

The liar John Oliver spews backwards claims and neglects to mention the most significant information. When denying the possibility of intuition with blanket statements, the fraud didn't mention the skeptics who lied when offering a reward to prove psychic powers exist without any intention to provide the award and without willing to have an open mind to consider evidence, and there are rigged tests, this has been admitted by skeptics who don't admit the possibility they're wrong; they're proud to be charlatans. The free readings debunk the presumption that

profit could be a motivate in every case, while the precise readings verify it's not always vague. The ability doesn't always have to be readily accessible to exist, and nobody has to prove a psychic had ever won the lottery to prove their abilities exist. I haven't fully tapped into my own potential, I have my intuition and precognitive dreams.

Anybody could get a free reading while only the more specific ones would cost anything, whereas mechanics wouldn't fix anything for free. Mediums who don't demonstrate on command are incorrectly presumed to be charlatans by the only known charlatans in this case.

If these frauds see my and slug me in the face or something, they'd get busted.

_____ and I also conversed about anarcho-primitivism.

Chapter Eleven

Here's the lyrics to Condemning Skeptic Scams:

Condemning Skeptic Scams

malediction

upon the extreme skeptics the liars who deny intuition,

to pretend original science becomes pseudoscience

when they don't comprehend

the origin isn't alternative

or merely superstition

I know when to call for sedition

when the known charlatans exposed amongst skeptics discredit themselves

it's not a challenge or competition

some hate mongering comedian John Oliver is a bigot, a bully and like an actual newscaster, a disaster, this fraud's deceitful

his vulnerable, gullible viewers find his lies believable,

Comedians pretending to be newscasters are at least as dishonest and dishonorable as the liars in the press who don't have to pretend.

I won't digress,

I'll only defend.

Shame on John Oliver for acting as a journalist with intent to deceive.

Doesn't comprehend how such disbelief from skeptics who are charlatans and proud deserve worse than condemning.

They'll offer an award to prove them wrong only to admit they never intended to deliver any award.

They probably couldn't afford.

That's a fraud not to applaud.

They reject any evidence.

Intuition exists and nobody has to demonstrate on command.

I'm condemning skeptic scams.

If fortune telling were about money, there wouldn't free readings.
I'm not among who you're misleading and deceiving.
Not being 100 percent intuitive doesn't mean not having such an ability.
The better segments are irrelevant
when this phony lost credibility and legitimacy.
Nobody has to win the lottery to prove precognition exists.
John Oliver maliciously misleads a vulnerable populace and entitlements to opinions don't justify
publicly lying to cause disaster.
The unenlightened pawns and minions are frightened.
Not having the intelligence to grasp the esoteric doesn't debunk its existence or relevance.

I'll condemn any liar and denier such as the dumbass narrow minded charlatans at the Skeptical
Inquirer.
Extreme skepticism is for the most ignorant and irrational.
To bigots, the existence of original science is unfathomable.
The bullies at Skeptic Magazine are among the most ridiculous imaginable.

Chapter Twelve

Journaling still.

Sunday

5 of Cups

Lenormand Tarot Card of the Day: the Rider

Rider - Waite Tarot Card of the Day: 5 of Pentacles

2:26 p.m.

Since all medications are drugs and it's a part of life to use them, it's not a big deal. I'm against
forced drugging, not all drugs. Some drugs cause more harm than good, while some are benign
and more beneficial than not. medications are drugs, either with or without altering the mind. As
for plants that contain drugs, that doesn't mean the whole plants could be drugs. Some
medicines are also psychoactive while others aren't. I don't pretend the term "drug" is inherently
negative.

Today, I ground scored a Seven of Spades. Most of its meanings are negative, not all.

Monday, July 22nd, 2019

Lenormand Tarot Card of the Day: Stars

Rider Tarot Card of the Day: Two of Wands

Lenormand Pair Reading: Heart, Rider

Lenormand 3 Card: Heart, Fish, Bear

Lenormand Love Card of the Day: Key

Featured on JamFuze as of today.

2:39 a.m.

Tweeted:

<https://t.co/sTqi54GcLX> the bully @DrPhil is convinced medical necessity is the cause of every problem that exists and then some, so he'd allow jail for good and innocent people. @joerogan encouraged that fraud.

2:31 a.m.

Another Tweet:

<https://t.co/6SZd06aE4r> medicinal cannabis saves lives. Would @DrPhil of Bigotry still denigrate medical necessity if his own loved ones were suffering?

- ----- -

4:14 a.m.

Woke up at about 2 a.m. with intrusive memories of my traumatic past. If I had medical necessity, I would have relief.

10:50 a.m.

I was lied to, the records from before 2005 still exist. Another comrade of mine, -----, sent me this:

"I just called southington board of Ed, they said all records are stored at the high school & are usually permanent , they said to call the high school and they'll have it, idk when you tried last but give them a call they should have it"

- ---- -

Still haven't heard a Probate Court Hearing had been scheduled.

Chapter Thirteen

Lyrics to Defy Dystopia, a poem that would later be included in Defy Dystopia and Defend from Psychiatric Fraud :

Defy Dystopia

Contact poison control if toothpaste is swallowed
Yet brutal hate is followed
because fluoride is a neurotoxin
It's slaughter
and the amount of it in the water
causes gradual brain damage that usually goes unnoticed,
The vulnerable and gullible populace
Is systematically poisoned
It's genocide

Fluoride is an ingredient in rat poison and insecticide,
And causes many miscarriages; so there's not much room to "theorize" about the obvious
Poison people are bombarded with
By such monstrous corporate conglomerates
Enforcing war and forcing poison upon us
To control us with lies
As if we don't realize
The need to mobilize
To defy
The assault on our minds

Chapter Fourteen

July 23, 2019

Lenormand Pair: Garden, Mice

Wednesday, July 24th, 2019

the bully stole one of my phones and my other charger. Staff searched all rooms and didn't find them. I had to buy a new charger.

Thursday, July 25th, 2019

Rider Tarot Card of the Day: Page of Wands

Haven't been dreaming lately, at least not that I notice.

My Conservator is sending a \$200 check for Camp Creek next weekend. Finally, I heard some news on that. It took awhile to get an answer to that question.

Still haven't heard from my Attorney Correspondent.

Cleaning my room today.

7:56 p.m.

Ingenuity reached 1925 views today.

Chapter Fifteen

Lyrics to Primitive and Innovative

I share empathy rather than gather sympathy when 'tis I who am compassionate so much to barely fathom it.

I'm a pre cognizant and feral survivor of ephemeral peril.

I'm an amiable character in a parable or fable.

I lift up those who are pushed over.

I hiked too much with this karmic debt as the weight on my shoulders.

I protect the mellow who are preyed upon when kindness presents as meekness and is mistaken for weakness.

I was one of the many easy targets
When I was much too harmless.

I sacrifice when I know I'm owed an apology by the many or the most, not the few. This isn't the reason to do so. I don't misconstrue what's only true to know. I ardently contribute with nothing to prove.

My comrades and I prevail
Over weak regime
Resorts to force
Repeatedly fails to defeat
Our formidable rebellion
This has left a trail in detail.

I'm among those who hadn't chosen to be warriors.
I'll make it known to those who forced this war upon us, they haven't conquered us and won't always rule over us.
They're outwitted and outnumbered by the whole lot of us.

Anarcho-primitivist arsonists are torching corporate conglomerates.
Entourage of rebels wearing hempen camouflage
Gloves and ski masks
Sabotage factories and farms
Without any casualties actually caused.

Green and black flags saluted by
leaderless resistance movement which consists of autonomous cells who rebel to dispel lies by mendacious rapacious statist who quell the populace not to resist.
I foretell such injustice unfortunately persists.

Rebels wearing hempen tie dyed black and green
Mix styrofoam with gasoline.

I barely emphasize enough
I'm always up for rising up
I'm entirely down to burn civilized society down.

I'm primitive and innovative,
Noble savage, known so creative
Forage and scavenge

Nomadic eco rebel for several reasons
'Tis the season for being a Bohemian heathen reaching Zen.

Aroma of medicinal ganja surrounds my aura
Might as well get high as hell
Don't go too far, don't smoke tar.

Dystopian cyborg armies target me
For promoting anarchy so ardently
In fact, this happens almost constantly
Yet somehow still counts as an anomaly.

Our Prophetess foretold what Goddesses revealed.
White and golden protective shield
Concealed like within a forcefield
Purified cleansed and healed.

I listen to the Grateful Dead everyday because it's heady this way.

My comrades and I are nature liberators who resist invaders with our widowmakers. I'm a
DeadHead raver.
I'll rebel with a sabre.

Where would one find a character such as I?
Like when Holden Caulfield
Narrator of the Catcher and the Rye,
wasn't wrong about it all or at all after all.

Always about the Grateful Dead again
When 'tis also rebellion
Singing along with them to Cryptical Envelopment.

Fraggelistic Hippie,
Raggle Taggle Gypsy,
Kedrick the Head Trip
Psypressionist from Connecticut

Chapter Sixteen

Friday, July 26th, 2019

8 of Clubs

9 of Cups reversed

Mountain, Ring

Moon, Whip, Sun

CT Legal Rights Project finally responded.

Saturday, July 27th, 2019

4 of Hearts

Tweeted this:

"the bigot @iamjohnoliver sure has a gullible fanbase."

Without medicinal cannabis, I'm not allowed to concentrate or relax. Medical necessity costs a fortune while meth pills are covered by insurance.

1:33 p.m.

Next new moon is in 4.3 days.

3:33 p.m.

1945 views of Ingenuity within 11 months. That's after 1000 views in 7 months.

7:45 p.m.

another tweet :

" either transition away from #civilization or it will suddenly collapse and many will suffer and die "

unspecified time

4.0 days until next new moon

11:20 p.m

" the class war inaccurately called a "drug war" targets people instead of drugs while @DrPhil of Bigotry is indiscriminately Phillin' Kids with Drugs. #StopDrPhil "

3.9 days until the next new moon, ie it's waxing

Sunday, July 28th, 2019

3 of Clubs

Stars

2 of Pentacles

Strength

Lenormand Pair Reading : Birds, Bouquet

Lenormand 5 Card Spread :key, mice, anchor, birds, heart

tweeted :

" The "herd immunity" rationale is outrageous. The vast majority are vaccinated. A minority can't "weaken herd immunity" and deaths from infectious diseases were already on the decline by 90 percent before vaccines were introduced. #Vaccines can cause seizures and this has occurred. "

5:22 a.m.

there's reasons I condemn comedians acting as journalists with intent to deceive

6:00 a.m

1955 views of Ingenuity on YouTube

9:15 a.m.

3.5 days until the next new moon.

1:50 p.m

Yet another violation. Janeeka who works at my house already had one strike and today was strike two. She won't give me my own money. Strike one was reminding me of my traumatic past by asking, "Would you like to go to the hospital"? when I asked how to avoid the hospital due to the torture nobody deserves.

Chapter Seventeen

Lyrics to Holistic Altruistic Mystic :

Holistic Altruistic Mystic

I'm a holistic altruistic mystic with cryptic intrinsic rhythmic
oneiric psychic type dreams both vivid and even lucid at times
in an unpredictable, sporadic manner
I'm some sort of nomadic scavenger
a vagabond, a traveler
who arrives with weed and lavender
as there are the mice and the knight points sword towards the moon
recognition when efforts come to fruition soon
with partially tapped into intuition,
I'm a sorcerer, a forager with occasional extrasensory perception
smoking the dispensary's most effective medicine
with my precognition, I dream premonition
I'm an egalitarian and anti-authoritarian
rebel bumping the death metal band Peregrine

The majority publicly stoned me and the minority privately told me I'm brave.
Either despite or by or because of my plight
I do what's right because it's right, not for accolades
I've unfortunately been inaccurately portrayed
Tragically betrayed, and there are backwards claims.
I don't hide behind barricades to write a serenade.
There isn't blood on my hands.
I took a stand.
I took a stroll to smoke another bowl to heal
My soul to reveal
yet the hierarchy, the totem pole is unfortunately real

Chapter Eighteen

Social media hasn't made communication easier, the messages are late if they arrive at all; not any more reliable than a landline phone. Increased technology doesn't bring more convenience, the opposite is true.

It's not like anybody's blaming a cripple for using crutches.

Medicinal #cannabis is how I concentrate. The bully "Dr" Phil of Bigotry is in the wrong era. The 1930's are over. "Dr" Phil can't force a prehistoric medicinal herb to stop saving lives. Repeating a lie won't make it come true. The medical necessity still prevents paranoia because it's still relaxing. People who smoke herb remain motivated, not "lazy and apathetic" regardless of how many times the bully lies while Phillin Kids with Drugs.

Chapter Nineteen

Lyrics to Peace is More than Hype :

Peace is More than Hype

I'm sensing an impending schism inevitably affecting evidentialism.
Divine enlightenment is my entitlement when I write about my syncretism.
Hierophant archetype defeats transhuman prototype.
So enhance the trance to dance, for peace is more than hype.

In a 1930's tabloid, everybody who's relaxed is labeled "paranoid and crazy"
while everybody who's motivated is labeled "apathetic and lazy".
I remain undeterred by such inflammatory, defamatory, derogatory claims deferred.
Medicinal herb to concentrate is among what drug pushers don't tolerate.

'Tis been almost a century since medical necessity was criminalized in the name of white supremacy.

I knew the tide would turn.
Herb will pave the way for tripping in a therapeutic setting.
When psychedelic therapy was criminalized,

Psychiatry switched sides, I'm not forgetting.

The drug pushers misdiagnose anyone for the money and fun.

Targets are denied defense via a gun.

People labelled "mentally ill" are more likely to be targets of violence than perpetrators.

The good and innocent people are forcibly drugged by invaders.

Chapter Twenty

Mercury retrograde ends July 31st. The other retrogrades began with a purge. The first few months was rough because it was a cleansing. All negativity had to be expelled. My situation will improve. That I know.

Jupiter rules Sagittarius, so I'm significantly impacted by the Jupiter retrograde.

Astrology and astronomy are directly linked like alchemy and chemistry.

The retrogrades also include Jupiter, Saturn, and Pluto.

Monday July 29, 2019

10 of Hearts

Knight of Pentacles reversed

I'm featured on Stream Chasers.

2:52 p.m.

Ingenuity reached 1971 views.

ignored by Advocacy Unlimited, Independence Unlimited, Disability Rights CT, CT Legal Rights Project, the Office for Protection and Advocacy for Persons with Disabilities, my Attorney Correspondent, et cetera and I have evidence

Tuesday, July 30th, 2019

Card of the Day 2 of Spades

Tarot Card of the Day : King of Pentacles

Reversed

Rider Tarot Card of the Day : 3 of Wands

Lenormand Weekly Love Spread (1 - 2 weeks) : Letter Heart, Moon

Today I finally heard there will be a conference in Probate Court August 13th if I recall correctly.

Wednesday, July 31st, 2019

Ace of Diamonds

4 of Pentacles

Mercury retrograde ends today.

12:09 p.m.

tweeted :

" @JoeRogan encouraged @DrPhil of Bigotry to continue Phil in Kids with Drugs while denigrating medicinal #cannabis because of fabrications from 1930's tabloids. Medical necessity doesn't "impair concentration" or "cause psychosis", the herb works wonders for mental health."

6:57 p.m.

2000 views of Ingenuity.

11:09 p.m.

called out Bristol Health on Facebook :

" junky staff tell prisoners, "do as we say, not as we do" while they abuse narcotics and pretend to be infested with opiophobia to keep the drugs for themselves. The doctors are in a stupor, preying upon good and innocent people. The prisoners are mellow, so they're misdiagnosed "bipolar" because they're easy targets. The pushers won't taper the drugs, their targets are locked up over withdrawal symptoms. The pushers don't allow recovery. Post Traumatic Stress Disorder worsens every time the pushers lock up their targets. "

August 1

Card of the Day: 8 of Clubs

Rider Tarot Card of the Day : 2 of Wands

11:45 a.m.

2020 views of Ingenuity

11:44 p.m.

Yet another headache.

11:47 p.m.

Tomorrow,I'll be at Camp Creek. Tonight, if I'm stuck awake, I'll probably proofread this. Time is of the essence, so I'll have to share my story soon. This barely scratches the surface.

August 2, 2019

Card of the Day : 9 of Clubs

Tarot Card of the Day : Reversed 7 of Wands

Lawmakers are only in it for the money. They lack compassion.

12:41 a.m.

Medical necessity isn't only for adults. All herb use is medicinal. Youth are entitled to medicinal herb like everybody else.

<https://hightimes.com/health/study-finds-no-link-between-adolescent-weed-use-adult-brain-structure/>

Tweeted again to call out a bigot:

shame on @iamjohnoliver for acting as a journalist with intent to deceive. The bigot preys upon a vulnerable populace. Entitlements to opinions don't justify publicly and maliciously lying. the bully John Oliver is literally a JOKE since that's the point of comedy. DUH!

Thursday August 15 2019

bully threw out my food again, the staff refuse to help

looked up new horizons and found bad news. back to the drawing board. that's where I would've been sent.

8:09 p.m.

I don't appreciate being exploited by the vaxxers :

<https://newspunch.com/police-doctor-who-linked-vaccines-to-autism-was-murdered/>

Chapter Twenty One

I was too stubborn to give up, even when the pushers forced me to take phony "antidepressants" that cause depression, I persisted. I didn't act upon any discouraging thoughts the pharmaceuticals caused.

The pushers tell all of their prisoners the same denigrating remarks. We're all told, "you're worthless! Nobody will ever believe you, and you'll never amount to anything!" That's incorrect. Dr. Fred Reindell will label anybody "the classic case of bipolar with psychotic tendencies" to push drugs. Dr. Jeffrey Shelton will ruin any life just for kicks. Over and over, he writes Physicians' Emergency Certificates when there's no emergency. His victims are sent through a revolving door. Only bullies tell people they're sick when they're not. The pushers boast of "trauma informed care" while denying trauma happens. Coercion isn't care.

The pushers rely on 1930's classism and racism to degrade genuine medicine. They borrow their claims from William Randolph Hearst and Harry J. Anslinger, both of whom are deceased. Due to Anslinger's hostility towards Afro Americans, the bigot said, "their Satanic music, jazz and swing, stems from marijuana use"; and medical necessity was criminalized to target Afro Americans and Mexicans and many others. Lawmakers didn't know they were criminalizing medical necessity, Anslinger made herb seem foreign by calling it "marijuana" to stigmatize immigrants. That word was absent from the American vocabulary until its appearance in Hearst's tabloids.

Life is too short to be a hate monger, and the pushers will recant their hatred when they're either dying from disease or otherwise suffering. They'll pretend a prehistoric medicinal herb causes every problem that exists and then some until their lives depend on it. The first medicine has never been "bad for mental health", that's backwards.

The drug pushers ruin lives by misdiagnosing anybody they can. That's because the staff are unwilling to admit they're crazy, hence they point fingers elsewhere. The gifted and talented are told they need drugs to suppress their gifts as if something's wrong with them. Nothing's wrong with them.

The authorities verified my anti-authoritarianism by encouraging such abuses. They inadvertently proved my point.

Sharing my story doesn't mean I'm still a victim like I was. I'm a survivor. I'll be an inspiration. This isn't heroism, I only do the best I can.

Chapter Twenty Two

Too many of my posts are negative and that makes me seem inherently angry. I vent. It's better when it rhymes than when it doesn't. In person, I can be very mellow regardless of my protest songs. I sublimate. I try to be in a relaxing setting because if not, I could go out of character. I'd rather write songs about being justifiably angered by injustice than ACT like it.

I spot 11:11, 1:11, 2:22, 3:33, 4:44, 5:55 on clocks more often than not recently.

Chapter Twenty Three

<https://youtu.be/qRXIWNZxd3s>

Updated my negative review of my Continuum of Care on its Facebook page :
Continuum of Care owes me money because there's a bully in my house and I'm charged rent. I said this has to be short term, and I'm still trapped here since October 2017.

Discrimination includes mentalism or sanism, a variation of ableism or disableism.

I'm entitled to closure. Medical necessity isn't "abuse" and nobody needs a prescription for a prehistoric medicinal herb when all us is inherently medicinal. Repeating a lie won't make it come true. Nobody went "insane" from a relaxing medicinal herb that saves lives and there can't be a valid reason to hate medical necessity as if prehistoric medicine would require approval from irrational psychiatrists or anyone else. Anybody motivated isn't "lazy and apathetic" nor could the medical necessity possibly "impair concentration" or "cause brain damage" or et cetera. To this day, medicinal cannabis still prevents paranoia because it's still relaxing. All herb use is medicinal, with or without a prescription. Medical necessity isn't only for adults, I survived my youth because of medicinal cannabis. Medicinal doesn't mean not psychoactive, the THC content is listed on the pill bottle unless specified as CBD. The edibles and oils don't affect everyone.

Unqualified staff never heard of savant syndrome, they thought I couldn't be autistic because I'm not low functioning. The go to misdiagnosis is "bipolar, schizoaffective, schizophrenic, and psychotic" without examination; the drug pushers presume rather than evaluate.

Misdiagnosis is for insurance fraud, and falsified medical records remain while my rebuttals are ignored.

Psychedelic therapy is incontrovertible and the "freak outs" are unlikely to occur in a therapeutic setting. This means pharmaceutical companies will lose more customers.

Everytime the prescribers refused to taper the drugs, the withdrawal symptoms lead to involuntary admission, hence exacerbated PTSD.

When drug pushers prey upon easy targets and traumatize them, the Probate Judges ignore the burden of proof on the pushers. Perjury is allowed by judges who boast they're "above the law" due to immunity from lawsuits.

People labeled "mentally ill" are more likely to be victims of violence than perpetrators. The media's narrative is backwards.

Falsified medical records were never corrected, I was lied to. Reevaluation didn't make a difference. My rebuttals were ignored. Insurance fraud via misdiagnosis derives me of rights. Years after relegalization in 2012, the crazy psychiatrists still hate and fear medical necessity. They won't admit a prehistoric medicinal herb still prevents paranoia because it's still relaxing. I have survivors' guilt because the same sadists are still torturing people. I didn't consent.

The drug pushers vowed revenge because medicinal cannabis is how I concentrate and prevent nightmares and anxiety.

Continuum of Care staff are unqualified: They're fooled by the vaccine industry desperate for an excuse to push the poisons. Pro-vaxxers don't "destigmatize autism", they misuse the term "autistic" as a pejorative. They hate and fear autists and they exploit a good cause. The vaccinated are the vast majority and many caught measles and spread it. The minority can't "weaken herd immunity". Fear mongering and censorship continue. Measles isn't bubonic plague. The quarantines are unnecessary. Almost nobody who catches measles dies from it. Vaccines caused 108 deaths from 2004 to 2015 when there were zero deaths from measles.

Anybody who needs medicinal herb should take a stand by not giving business to Canna Care Docs or Arrow. I was given a hard time at Arrow dispensary because the staff are bullies, so they complained to Canna Care Docs and my recertification was deactivated. They don't comprehend PTSD. Therefore, they're unqualified. My PTSD will worsen without medicinal herb and I was denied the license by Canna Care Docs. I have PTSD. Therefore, I qualify. There's no medical reason to decertify me, so the decertification was to spite me.

There's a bully in my house and I'm not allowed to move out. Mike Inigo harasses me and steals and destroys my belongings.

May 26 2019

the bully Mike Inigo said he would hang himself and wasn't committed. the same staff try to commit me for taking a stand against bullying.

May 28 2019

Escalating violations. Still not allowed any relief. Not in a relaxing setting for long enough to recover in many months.

Saturday June 22 2019

Bully ripped flowers off my flax plants, threw out my lighter, sabotaged my coffee maker, and et cetera

Friday June 28th

Department of Public Health still refusing to reply to reports

Friday June 12th 2019

The bully convinced the staff to side with him yesterday.

Tuesday August 6th, 2019

staff stay in the office to avoid witnessing the bully breaking into my room to steal my belongings and throw them out.

Thursday August 15

bully threw out my food again, the staff refuse to help

Monday Aug 19

staff refuse to give me my OWN money.

9:25 p.m.

the staff told me to leave after they charged me rent while they kept the bully around to antagonize me

11:02 p.m.

the staff are talking trash about me in the office and I can hear them from downstairs

Tuesday August 20

8:24 a.m.

the bully returned.

Independence Unlimited FINALLY responded.

staff retaliated by calling crisis team.

They failed, now they're talking trash about me in the office.

the bully will most likely return tomorrow and antagonize me again. the staff will most likely get vengeful again.

Chapter Twenty Four

Wednesday, August 21st 2019

tweeted this :

" medical necessity isn't "abuse" and the placebo effect doesn't mean a prehistoric medicinal herb suddenly evolved to "cause paranoia" instead of saving lives. Medicinal #cannabis obviously still prevents paranoia because it's still relaxing. #StopDrPhil "

Mike Inigo the bully is on his way back here

called out the Hospital of Central Connecticut on its Facebook page :

" The sadists in the Emergency Room in Southington assaulted me with a catheter and laughed maniacally, then shot me full of an overdose of Haldol and I'm allergic to it. They were aroused BECAUSE of my NONconsent. They're serial rapists!

They sent me to New Britain General Hospital where Dr. Micheal Edward Balkunas threatened I would be "locked up for a VERY long time" because of medical necessity since it's not pharmaceutical. Medicinal cannabis SAVES LIVES.

I was NEVER allowed ANY closure. Balkunas is STILL torturing people, hence survivors' guilt.

The alleged "patient advocates" NEVER respond to my emails.

Trauma happens. Dr. Christopher Yergen labels trauma victims are "more than just a little bit paranoid". He's a bully. "

I told my comrades :

if I don't get locked up for documenting the abuse, I won. If I do get locked up for documenting the abuse, the abusers ALSO get locked up. I have evidence, they don't. I basically already won. If they can commit me before I acquire MORE evidence, they will STILL be brought to justice. I dunno if I'd be allowed visitors or not. I just want my music to be heard.

Chapter Twenty Five

Thursday, August 23 2019

Independence Unlimited advocated for me today.

bully splashed water in my face and that's assault. He's back in the hospital for the third time this week. He was sent to ten day respite from Hartford Hospital.

I reported the WorldWide Hippies group because the Admins are hate mongers. Sanism is discrimination. NOBODY deserves torture. Never heard of Ken Kesey? Then stop claiming to be hippies. The mass shooters were either taking psychiatric drugs or withdrawing from them, and the populace is afraid of measles instead of psychiatry. Sounds stupid, doesn't it? That's because it IS stupid. Some content was removed.

Friday August 23 2019

without an i.d the withdrawal symptoms don't end The conservator won't respond. Tobacco is addictive and insurance won't pay for "quitting". I had to go to a different store than usual.

2:25

I made progress BECAUSE of the evidence. I'm winning now. Independence Unlimited is helping. The bully might FINALLY be removed from this house BECAUSE my way works. Without PUBLICLY expressing my concerns, I wouldn't be winning.

3:02 p.m.

There was also an incident last night. Norman was working here threatening to search our rooms like we would steal from him and they don't make the bully reimburse me when he brags about throwing out my belongings.

Chapter Twenty Five

12:19 a.m

tweeted :

" #ActuallyAutistic and I don't appreciate being exploited by pro-vaxxers or pharmaceutical companies or anybody else. They don't "stop the stigma", they hate and fear us. They misuse the term "autistic" as a pejorative because they never heard of an ingenious autistic savant. "

Sunday August 25 2019

" why differentiate between the wrong and the wrong? hate is hate. The SPLC and the white supremacists share an enemy. They both despise the Irish and their descendants. Just because

I have light complexion doesn't mean the neo-Nazis will change their minds and stop hating me. The SPLC knows NOTHING about Ireland, its history, or its people. "

Monday August 26, 2019

10:51 p.m.

tweeted this :

" Tobacco is linked to cancer, including smokeless tobacco such as dip and chew. Medicinal #cannabis saves lives INSTANTLY when smoked. My metabolism is too fast for medibles. Herb doesn't cause cancer, tobacco wouldn't have to be smoked to cancer. Surprise! "

conservator refusing to reply when told I need my \$ for necessities = criminal negligence. she has obligations. my life is in this crooks' hands. attorney correspondent also dodged me. Are they unaware of their obligations? I doubt it.

Chapter Twenty Six

I'm subjected to cyber harassment by statistis claiming to be "anarchists" on a page called "Anarchy Otter" . The pharmaceutical industry would be out of business if there was more health than illness. The vast majority are vaccinated and these statistis act like a MINORITY could possibly "weaken herd immunity". Yeah, right! Most who catch measles will survive and recover quickly. It's not a death sentence. The statistis' are controlled by fear mongering over measles. I'm told this cyber harassment "follows community standards" since there aren't any.

I see through their façade. They hate and fear everybody on the autism spectrum, so they exploit us by pretending to "stop the stigma" because they don't comprehend we're NOT all low functioning and they'll NEVER fool us all.

Sent this email to the Department of Public Health and Bill Pierce of the Department of Mental Health and Addiction Services :

"

I'll keep sending newer drafts. SOMEBODY will eventually care. This takes time. Sending a letter that'll probably be ignored and sent directly to a paper shredder would be wasteful and fruitless. The DPH simply refuses to read the evidence in my journals or watch the videos of evidence.

Dr. Michael Edward Balkunas still hasn't been brought to justice. Insurance fraud is a crime, the DPH just doesn't care. Balkunas scammed insurance companies by misdiagnosing me and falsifying medical records. This libel remains in the records because they can't be expunged. Other doctors prejudged me when they read the falsified medical records. I was prevented from reporting him within 180 days of the violations. My survivors' guilt is worsening because Balkunas continues his reign of terror. Every time the prescribers refused to taper the drugs, I was locked up over withdrawal symptoms and Post Traumatic Stress Disorder was yet again exacerbated. Until he's brought to justice, I can't forgive myself. I did the best I could, the authorities are in the wrong for encouraging psychiatric fraud and torture.

I have Independence Unlimited on my side. "

The bully Mike Inigo still hasn't been banned from my house, the plan to remove him hasn't yet been approved. I was told the staff will monitor him this time. Not a moment too soon! The day I had a nightmare he returned, I was told he will return.

Chapter Twenty Seven

NOBODY will EVER persuade or coerce a prehistoric medicinal herb to suddenly "cause paranoia" instead of saving lives. The first medical necessity will always prevent "paranoia" because it'll be relaxing. The placebo effect DOESN'T mean that medical necessity could suddenly evolve to be "bad for mental health" instead of saving lives.

Years after medicinal herb was relegalized in Connecticut, the state STILL won't go after irrational psychiatrists who torture people over medical necessity. I'm not afraid of naming names online. The same doctors who torture people by forcing drugs upon them also say, "don't do drugs".

Why not make an example of them?

Here's a list of drug pushing bigots who say "don't do drugs":

Micheal Edward Balkunas
Christopher Yergen
Jeffrey T. Shelton
Enrique J. Tello
Susanne Wargo
John A. Nazarian

NOBODY deserves torture.

Wednesday, August 28 2p19

3:45 p.m.

the Department of Public Health is dodging me, and so is Adult Protective Services

4:23 p.m.

getting a new lawyer and going back to court. just called Newington Probate Court

Chapter Twenty Eight

Called out the DPH and Immunize CT on FB:

"Measles isn't a death sentence. Almost everybody who catches measles will survive it.

Decades ago, it was known that surviving measles was a common occurrence, like surviving chickenpox. The populace is controlled by fear mongering over measles. There are quarantines as if it's so difficult to comprehend that almost nobody who catches measles could possibly die from it. The cyber bullies of team pro-vaxx won't admit vaccines aren't "one size fits all", different people react differently to vaccines like drugs. Some babies suffered seizures when vaccinated, others didn't. Some died from vaccines, others didn't.

The pro-vaxxers don't "stop the stigma", they hate and fear everybody on the autism spectrum, so they misuse the term "autistic" as a pejorative. We're NOT all low functioning, they'll NEVER fool us all.

A minority can't "weaken herd immunity", that doesn't make any sense. The populace is unaware that many who caught measles were in the vaccinated vast majority. They're also not told that there are unvaccinated people who DIDN'T catch measles.

Mass shooters were either taking psychiatric drugs or withdrawing from them, and the populace is afraid of measles instead of psychiatry.

Anybody can be misdiagnosed so drugs get pushed, the vast majority of them have never been violent, they're more likely to be victims of violence than perpetrators, and the authorities don't go after the abusers until the torture is caught on tape.

Discrimination includes sanism or mentalism. The press doesn't blame the drug pushers or the bullies, there's talk of reversing deinstitutionalization to increase torture. NOBODY deserves torture."

Chapter Twenty Nine

Card of the Day : 8 of Hearts

Tarot Card of the Day : 9 of Pentacles

Rider Tarot Card of the Day : Hierophant

Lenormand Tarot Card of the Day : Fish

1:45 p.m.

2308 views of Ingenuity

2:04 p.m.

I'm STILL forced to share a house with a bully who throws out my belongings, pulls down his pants to indecently expose himself, throws water in my face, and stalks me by waiting for me at the park I walk to regularly; and he returns to antagonize me again after one night at Hartford Hospital. He's temporarily removed, and I was promised I'll be given a heads up a few days before he returns. The staff at this house thought they could get an easy paycheck. They blame me for videotaping him without his permission without his permission like I had a choice. They stay in the office instead of monitoring him, hence I haven't been reimbursed. It's called gaslighting. I turned on the camera BECAUSE the bully was antagonizing me. The staff won't agree to monitor him when he returns again. If not for a Probate Judge encouraging perjury by appointing an involuntary conservator of person and estate due to false testimony, I wouldn't be forced to share a house with a brawny bully.

2:17 p.m.

At least Mike Inigo isn't here now. I'm keeping my cool.

2:40 p.m.

The populace is so easily fooled, they'll presume anything a newscaster says must be correct. I wouldn't doubt any reporter could say to jump off the Brooklyn Bridge and many would rush to do so.

3:48 p.m.

In an alright mood, gradually recovering.

I'll return to Probate Court on September 16 at 3:00 p.m.

Chapter Thirty

Friday September 6th, 2019

Cards of the Day :

Death Reversed

2 of Cups Reversed

9 of Pentacles Reversed

Lenormand 3 Card Spread : Ring, Heart, Book

I'll quickly reiterate and summarize; the truth is surfacing. I survived so much brutality, not much else could be inflicted upon me. While the pharmaceutical industry loses customers to a relaxing medicinal herb, the lobbyists and shills are desperate for an excuse to continue their war on said prehistoric medical necessity. To this day, medicinal cannabis continues saving lives.

I'm rising above the abuse inflicted upon me for decades. I was told I would "never amount to anything". That's easily refutable. Ingenuity, a psychedelic conscious hip hop song my brothers and I created as a multi genre band Cacti Pterosaur, is growing fast; especially on YouTube.

Drug pushers were never willing to allow recovery. They torture people by forcing drugs upon them, then tell them "don't do drugs". If the pharmaceuticals are tapered, I will recover.

Mellow people will never be "bipolar, schizo affective, and schizophrenic", that's insurance fraud.

Saving lives isn't profitable for the pharmaceutical industry. Vaccines wouldn't be sold if they could "save lives". A minority can't "weaken herd immunity". The pro-vaxxers think they'll inevitably die from measles if they catch it. Vaccines can cause seizures, coma, encephalitis, cardiac arrest, and death to name just a few of the known dangers. The vaccinated majority keep getting sicker and sicker.

The drug pushers never heard of an ingenious autistic savant or Asperger's Syndrome, their go to misdiagnosis excludes that. Anybody easily targeted is misdiagnosed "bipolar, schizo affective, and schizophrenic".

Psychiatry preys upon good and innocent people who are mellow, docile, and passive.

The media promotes ableism and especially sanism because other forms of discrimination wouldn't be allowed.

Almost nothing I do is by choice. I didn't choose Post Traumatic Stress Disorder nor tobacco addiction. I didn't choose to be misdiagnosed and falsely accused of "polysubstance abuse" in

falsified medical records. medical necessity can't be "abuse" and relaxation can't be "paranoia"; a relaxing medicinal herb will always prevent paranoia because it'll always be relaxing.

I didn't choose to reside within this society.

I wasn't given any opportunity to choose my doctors. They scoffed at me because medicinal cannabis is how I concentrate. While they forcibly drug their easy targets, they say, "don't do drugs".

The only choice I had was how I used my creativity. Abilify destroyed that, and withdrawal symptoms could be much worse.

Yesterday, I attended an appointment to renew my medicinal herb license. \$300 extra or so extra per year for medical necessity not covered by insurance.

Saturday September 7th, 2019

Card of the Day : 9 of Clubs

Lenormand Tarot Card of the Day : the Anchor

Rider Tarot Card of the Day : the Lovers

2:42 p.m.

2370 views of Ingenuity on YouTube. I posted the song about a year ago.

Posted Holistic Altruistic Mystic verse 1 a capella to BandLab.

Sunday, September 8th, 2019

Card of the Day : 4 of Diamonds

Lenormand Tarot Card of the Day : Fox

Rider Tarot Card of the Day : the Chariot

5:10 p.m.

8 out of 25 on Zener card ESP test.

Almost got jumped at Brackett Park. A crowd of thugs swarmed me and accused me of attempting to kidnap a child who either hallucinated or deliberately lied, or they made up that nonsense themselves.

Monday, September 9th, 2019

Rider Tarot Card of the Day : High Priestess

Lenormand Tarot Card of the Day : Child

Today begins a 9 day cleansing of karma from the past 9 months.

Continuum of Care forced me to share a house with a bully, Mike Inigo. If not for my evidence, nobody would believe me. I publicly posted footage, so the bully isn't here. Still haven't been told for certain he won't return.

1:44 p.m.

2390 views of Ingenuity.

waxing gibbous

2396 views of Ingenuity.

7:00 p.m.

bad news: the bully will return to antagonize me again. I was lied to. just heard from another resident that he was told Mike Inigo will return.

Tuesday September 10th, 2019

Lenormand Tarot Card of the Day: Sun
Rider Tarot Card of the Day : Judgement

There are unvaccinated people who DIDN'T catch measles, the media simply neglects to mention them.

10:25 a.m.

I'm not allowed to choose my thoughts. not without medical necessity.

circa 11:45 a.m.

What I said was and is true. Psychiatry doesn't allow recovery. I was never allowed to taper off of the drugs that keep making me sicker and sicker. False advertising is rampant. The phony "anti-depressants" can make anybody depressed and worse. Much worse. The drug pushers scoffed at me because medicinal cannabis improves my mood. They push drugs that cause depression and say, "pot's a depressogen. You're depressed because you smoke pot". The opposite is true. The first medical necessity will always work wonders for mental health.

12:05 p.m.

posted to Facebook:

"Drug pushers will misdiagnose anybody. They prefer to prey upon good and innocent people who are mellow, docile, and passive. People labeled "mentally ill" are more likely to be victims of violent crime than perpetrators. The regime wants to prevent defense."

When the same was posted to Instagram, it was liked by Celtic folk punk rockers Jasper Coal.

1:47 p.m.

civilized society is entirely for skills
and psychiatry kills
by prescribing pills
to cause depression and anxiety, thus

depriving targets of survival skills

4:12 p.m.

Still stuck in the house I was traumatized in, except on weekends. All symptoms resurface at this house and I almost got jumped at the park.

4:23 p.m.

renewing the license gets more difficult every year. I went to the appointment, paid, then got bombarded with irrelevant questions online after the appointment.

4:29 p.m.

negative review of NBC CT:

" The media refuses to mention unvaccinated people who DIDN'T catch measles. It's also not mentioned that measles ISN'T a death sentence. Most who catch the virus survive. To call the quarantines "unnecessary" would be an understatement. A minority can't "weaken herd immunity". I don't appreciate being exploited by the pharmaceutical industry and its media. I'm on the highest functioning end of the autism spectrum, hence I see through the façade. "

5:20 p.m.

This house ruins my mood.

8:55 p.m.

2408 views of Ingenuity.

9:22 p.m.

I'll be alright this weekend.

9:33 p.m.

my near future, according to a 3 card spread via Rider-Waite Tarot cards:
9 of Pentacles, the Magician, the Hermit Reversed

everything inflicted upon me was and is the norm. the drug pushers will misdiagnose anybody.

my negative review of the Bristol Press :

" When I was falsely accused of "disorderly conduct and criminal attempt to commit third degree assault", my character was defamed in the Bristol Press. I didn't "attempt to assault an old lady", I was among the targets of death threats and harassment. Falsifying a police report is a felony. Solnik the bully has been promoted to Detective. I couldn't have possibly been "incomptent", the violent criminal who threatened me was and is incompetent and not restorable. My witnesses didn't call the police on me, they reported the violent criminal who threatened to either kill me or someone to kill me. I let it slide until the bullies knocked on my door without a warrant. Solnik the bully labeled me a "retard" and he was praised as "conscientious". Many years later, the Bristol Press still hasn't rectified this. "

Chapter Thirty One

Wednesday September 11th, 2019

Card of the Day : Queen of Clubs

Lenormand Tarot Card of the Day : Moon

Rider Tarot Card of the Day : Strength

Awoke from a nightmare at 2:45 a.m.

10:12 a.m.

The bully Mike Inigo has been ousted, according to Leann, the manager at my house.

My way works.

easier to recover now.

1:55 p.m.

Forecast for Nearest Events

9 of Diamonds

6 of Hearts

2 of Diamonds

8 of Spades

3:39 p.m.

rhyiming caste system with classism would make sense, it just seems too easy.

4:23 p.m.

I lend a helping hand whenever I can.

4:51 p.m.

2421 views of Ingenuity.

5:18 p.m.

had to refute an outrageous FB post from a friend of mine. My rebuttal :

" There are unvaccinated people who DIDN'T catch measles and vaccinated people who caught it. Vaccines can cause seizures, coma, and even death (to name just a few). Why risk it? The vast majority are vaccinated and a minority can't "weaken herd immunity". The term "anti-vaxxer" is a pejorative. "

The paragraph was shortened to Tweet it, then I also posted it to Instagram.

5:40 p.m.

7 out of 25 on Zener card ESP test.

Thursday, September 12th, 2019

Card of the Day : Ten of Clubs
Rider Tarot Card of the Day : Queen of Swords
Lenormand Tarot Card of the Day : Mountain

2430 views of Ingenuity as of this morning.

2:38
Writing whatever I can just to keep my creative juices flowing.

6:27 p.m.
If more people were on my block list than my friends list, that wouldn't prove anything is wrong with me.

8:59 p.m.
7 out of 25 on Zener card ESP test.

9:07 p.m.
Another 7 out of 25, this time with colors rather than symbols.

11:05 p.m.
2439 views of Ingenuity.

Friday, September 13th 2019

12:00 a.m.
I'm stuck awake, unable to prevent nightmares even if I could sleep, and with nothing to do, thus no reason to stay awake. this is what happens.

Card of the Day : 8 of Diamonds
Lenormand Tarot Card of the Day : Cross
Rider Card of the Day : the Devil

12:27 p.m.
Rider Tarot Card reading, 3 card spread:
the Moon, Knight of Swords, 7 of Cups

1:07 p.m.
sent link to Ingenuity to Psychedelic Adventure

circa 7:30
Queen of Wands Reversed

open mic went well. Rocked the house
Harvest Moon. Palindrome week.

Saturday, September 14th, 2019

Today ends a 9 day cycle, and tomorrow begins another one.

Lenormand Tarot Card of the Day : Letter

Rider Tarot Card of the Day : 9 of Swords

5:17 p.m.

2450 views of Ingenuity.

11:21 p.m.

My lawyer called today and I missed the call. I had a headache all day.

Sunday, September 15th, 2019

Card of the Day : 7 of Spades

Rider Tarot Card of the Day : the Sun

Lenormand Tarot Card of the Day : the Book

8:28 a.m.

Just awoke from a dream about escaping from a hospital. Lots of elevators. Woke up with a headache.

9:58 a.m.

Lenormand Two Card Spread : Moon, Heart

11:36 a.m.

Probate Court Hearing tomorrow.

4:29 p.m.

Today, I brainstorm about my dystopian scifi graphic novel.

5:05 p.m.

7 out of 25 on Zener card ESP test.

circa 6:10 p.m.

Will the near future be any good?

Shuffled the deck a lot.

3, 4, and 5 of Clubs.

That's not a coincidence.

idea I had for awhile : certain rebels acquire superpowers, dystopian regime uses higher tech weapons to crackdown
2031, perhaps?

8:51 p.m.

isochronic tones reduced my headache.

Chapter Thirty Three

Monday, September 16, 2019

Card of the Day : King of Spades

Rider Tarot Card of the Day : 5 of Swords

Lenormand Tarot Card of the Day : Rider

a comrade of mine, _____, messaged me via Instagram. She's been working double. She said she'll write more later.

near future 3 card spread via Rider-Waite Tarot

Two of Pentacles Reversed

Ace of Cups

King of Swords

118 followers on BandLab as of yesterday.

8:06 p.m.

binaural beats for health and happiness.

9:16 a.m.

2467 views of Ingenuity.

circa 10:20 a.m.

returned to my house in Wethersfield

10:39 a.m.

I'm a bit underweight. 147 last weekend, 151 the prior weekend.

1:17 p.m.

Just quickly met the lawyer who might be assigned to my case.

2:00 p.m.

2:32 p.m.

My headache didn't end, so I'm not attending the hearing.

5:01 p.m.

2472 views of Ingenuity.

5:23 p.m.

PTSD doesn't let me avoid presuming the worst, and my headaches are extreme. I'd gather this might be what encephalitis feels like

7:05 p.m.

only way to not suffer in pain would be to prevent nightmares so I could sleep through the pain. Only medicinal cannabis reduces nightmares.

7:15 p.m.

7:17 p.m.

2474 views of Ingenuity

9:55 p.m.

slept, woke up, still have a headache

11:45 p.m.

just woke up again, still have a headache

Chapter Thirty Four

Tuesday, September 17th, 2019

Card of the Day : 3 of Clubs

Rider-Waite Tarot Card of the Day : King of Swords

Lenormand Tarot Card of the Day : the Stars

4:03 a.m.

2478 views of Ingenuity

4:51 a.m.

Yesterday was rough.

8:28 a.m.

Lots of nightmares last night and this morning.

9:14 a.m.

2482 views of Ingenuity.

10:25 a.m.

the dcp finally replied to my emails

12:44 p.m.

I just heard that my case manager called the doctor whose receptionist said to expect a call back.

1:27 p.m.

Turns out, Dr. Dada thought I would need a caregiver due to the conservator.

2:57 p.m.

heading to chiropractor appointment soon

3:02 p.m.

my neck still hurts because I was forced to sleep in school with my head on a desk. Dr. Richard Miller continues ruining lives. I was forcibly drugged by that maniac.

3:55 p.m.

On my way back from the chiropractor appointment. I have to wait until Friday for relief yet again. PTSD symptoms are unavoidable until the weekend.

4:55 p.m.

The DCP wants a copy of the decree used to appoint the conservator.

5:35 p.m.

About two weeks ago, I posted a comment from a YouTuber calling herself Runaway Gem: " Your entire channel is outrageous. I'm on the highest functioning end of the autism spectrum, so I see through the pro-vaxxers' façade. They don't "stop the stigma", they hate and fear autists. They don't comprehend that we're NOT all low functioning and they'll NEVER fool us all. The populace is systematically poisoned. Mass shooters were either taking psychiatric drugs or withdrawing from them, and the populace is controlled by fear mongering over measles. Surviving measles is like surviving chicken pox. i.e., a common occurrence. Autists are exploited by pro-vaxxers. If you're merely misguided rather than malicious, then say so. When being polite means being ignored, I eventually lose my cool. Did you get duped, or is this all an act? I'm not buying this at all. "

One person besides myself liked my comment.

5:47 p.m.

All improvements are too gradual.

2487 views of Ingenuity. 58 subscribers to my channel.

8:05

59 subscribers on YouTube.

9:11 p.m.

tomorrow I could get sick again, then sicker Thursday, then still sicker Friday morning. I wouldn't wish this upon anyone.

Chapter Thirty Five

Wednesday, September 18th, 2019

Card of the Day : 7 of Diamonds

Tarot Card of the Day ; King of Cups

Rider- Waite Tarot Card of the Day : Temperance

Lenormand Tarot Card of the Day : Whip

Lenormand Tarot Card of the Day for Love : Tower or Castle

I awoke from a nightmare at about midnight, then instantly forgot the nightmare.

4:05 a.m.

Awoke at about 3:45 a.m. from more nightmares I forgot.

4:33 a.m.

2498 views of Ingenuity.

5:30 a.m.

10.4 days until the next new moon.

circa 6:00 a.m.

dystopian sci fi graphic novel still among planned projects, and it'll probably be in the somewhat distant future, like 2030's or 40's.

6:02 a.m.

Lenormand Monthly Forecast for October :

Rider, Fox, Moon, Clouds

circa 6:25 a.m.

Vaccines can cause seizures, coma, encephalitis, cardiac arrest, and death to name just a few of the known dangers.

(Is féidir le vacsaíní taomanna, cóma, einceifilíteas, gabháil chairdiach, agus bás a chur faoi deara chun roinnt de na contúirtí aitheanta a ainmniú.)

7:25 a.m.

2499 views and 60 likes of Ingenuity.

circa 7:27 a.m.

Overall outlook for the future:

5 of Swords, the Hermit, Page of Swords

8:17 a.m.

I'm establishing another following on Poetizer.

10:10

Saturn retrograde ends today.

10:18 a.m.

I smoke fern and it's as medicinal as it is fantastic.

(Caitheann mé raitheach agus tá sé chomh míochaine mar go bhfuil sé iontach.)

12:03 p.m.

Ingenuity has reached 2501 views.

1:08 p.m.

I just unfriended a pharmaceutical shill for being a vaxxhole.

current situation in life:

mountain, moon, ship

2:47 p.m.

When my situation improves, so does my mood. Even without medicinal herb, I'm not feeling so terrible today. I've been on tolerance break since Monday.

2:55 p.m.

I'm a philosopher by definition because I love wisdom.

(Is fealsamh mé de réir sainmhíthe mar is breá liom an ghaois.)

4:03 p.m.

Still negatively impacted by Abilify.

7:07 p.m.

Vaxxholes are exploiting everybody with autism, myself included; and the pharmaceutical industry is brewing a war.

7:27 p.m.

The sun went down and now I don't feel so great. I don't react well to cold weather and I have nothing to curb the winter blues. It's not even winter yet, but that's besides the point.

Chapter Thirty Six

8:22 p.m.

just posted :

" Anybody encouraging the media to discriminate against everybody with #autism ought to know the media would also discriminate against them if that were allowed. #Ableism is enforced #discrimination. I'm neither low functioning nor a mass shooter nor a vaxxhole. "

8:30 p.m.

still need medicinal herb to not suffer. can't always rely on binaural beats and isochronic tones and pulses. when my headphones break, I'll have nothing.

10:00 p.m.

Survived another day in this house I had been traumatized in. It wasn't easy.

circa 10:05 p.m.

My better era is from ages 30 to 40, and peaks at 37 to 38. "Late bloomers" aren't unheard of. At 32, my situation is better now than a decade ago.

10:14 p.m.

overall outlook for the future :

page of wands, star, reversed ace of wands

10:44 p.m.

I'm an anti-authoritarian egalitarian Saggitarian

Chapter Thirty Seven

Thursday, September 19, 2019

Card of the Day : 5 of Hearts

Tarot Card of the Day : Two of Wands

Rider - Waite Tarot Card of the Day : 10 of Swords

Lenormand Tarot Card of the Day : Moon

circa midnight

The class war was already rampant before it was called a "drug war" and that's not even a specifically American problem; there were bans on medical necessity throughout Europe before America and et cetera. The hate mongers won't admit to their classism, they expect it to go unnoticed because it's combined with racism. The poor are considered a threat to the wealthy regardless of complexion. Medicinal cannabis was saving lives before American bigots rephrased the lies of their European predecessors. William Randolph Hearst published the lies of Harry J. Anslinger, and both of them hated jazz and swing music for the same reasons they hated Mexican immigrants and other immigrants. Their hate mongering led to a war on a prehistoric medical necessity that won't last forever, some other atrocity could easily replace the phony "drug war" targeting people instead of drugs. People of all walks of life rely on medicinal cannabis to relax, concentrate, be motivated, and save lives.

1:09 a.m.

Utilizing Google reviews to condemn those who deserve it.

circa 5:30 a.m.

I was instantly withdrawing from tobacco when I woke up, so I had to smoke cigar tobacco in a pipe since that's the best I could do. I don't have a choice. Tobacco is devoid of any protocol for detoxification. The withdrawal symptoms are unbearable and they worsen until use is resumed. That has nothing to do with "mind over matter", the addiction is physiological. Nobody has the "willpower" to defeat simply pretend saying "I quit" will make it possible to simply "quit cold turkey", that doesn't make any sense. Not even the strongest minds to ever exist could tolerate such excruciating pain. Nicotine receptors are unaffected by terminology. Saying "I quit" will never differ from saying "I'm trying to quit", the withdrawal symptoms still occur regardless. Nicotine patches only exacerbate withdrawal, hence chain smoking with the patch on due to heightened anxiety attacks.

I'll try the gum and hopefully that'll work. I don't enjoy smoking tobacco. If it were easy to "quit", the tobacco industry would be out of business because it'd be devoid of customers.

6:50 a.m.

I'm still going after phony reporters who are a joke because they're comedians. The bigot John Oliver has got to go, hence I posted :

" the bully John Oliver is literally a JOKE because that's the point of comedy, yet his fanbase is gullible and considers him a reporter. Shame on John Oliver for acting as a journalist with intent to deceive. Get off the air, bigot! "

7:27 a.m.

If I could prevent nightmares, I would want to sleep to avoid tobacco withdrawal.

9:21 a.m.

2509 views and 61 likes of Ingenuity on YouTube

12:08 p.m.

My case manager isn't giving me a hard time today. We submitted the online application for my medicinal herb certificate, so I'm almost there.

12:33 p.m.

Sophie said Mike Inigo the bully will yet again "temporarily" return Monday.

1:17 a.m.

I'll probably have my temporary license emailed to me within less than 30 business days.

2:32 p.m .

Just wrote :

" the populace is systematically poisoned by a pharmaceutical industry that brutally despises liberty

as the poison pushers avoid all liability,
barely even discreetly,
quarantines are caused by corporate greed to sell vaccines
after sanitation had already decreased deaths from infectious diseases
by 90 percent before the vaccines shed the germs to spread,
hence the fear mongering is measly,
a minority can't weaken herd immunity,
the vaccinated majority are brutally duped
given shots like they forgot surviving chickenpox,
anybody with autism gets falsely accused of being mass shooters by the same media
denying most who catch measles survive,
losers who hide behind computers spew ableism as plight is denied,
there aren't enough rioters and looters
while ingenious autostic savants
are ostracized and stigmatize
by vaccine pushers who are intentionally exploitative and hateful,
Aspergers syndrome doesn't constitute being gravely disabled "

Thursday September 19, 2019

At least I get another weekend away from this house. I leave tomorrow.

5:46 p.m.

Now I'm told the bully really is ousted this time.

8:12 p.m.

much of my bad luck is from "misuse of creative force in past lifetimes" and there isn't any
"medication" to solve that problem. bad luck isn't a medical condition nor a symptom of one.
spiritual problems require spiritual solutions.

--- 8:25 p.m.

I have another headache

9:02 p.m.

turns out, temporal arteritis is probably to blame

9:57 p.m.

isochronic tones again, headache gradually decreasing

Chapter Thirty Eight

10:27 p.m.

Better draft of Defy Dystopia and Defend from Psychiatric Fraud :

" the populace is systematically poisoned by a pharmaceutical industry that brutally despises
liberty

as the poison pushers avoid all liability,
barely even discreetly,
quarantines are caused by corporate greed to sell vaccines
after sanitation had already decreased deaths from infectious diseases
by 90 percent before the vaccines shed the germs to spread,
hence the fear mongering is measly,
a minority can't weaken herd immunity,
the vaccinated majority are brutally duped
given shots like they forgot surviving chickenpox,
anybody with autism gets falsely accused of being mass shooters by the same media
denying most who catch measles survive,
losers who hide behind computers spew ableism as plight is denied,
there aren't enough rioters and looters
while ingenious autistic savants
are ostracized and stigmatize
by vaccine pushers who are intentionally exploitative and hateful,
Aspergers syndrome doesn't constitute being gravely disabled

poison pushers walk all over us until we make them run away from us thus before us because
they exploit us.

They contaminate the water and pollute the air
and hate us because we dare to care.

Contact poison control if toothpaste is swallowed

Yet brutal hate is followed

because fluoride is a neurotoxin

It's slaughter

and the amount of it in the water

causes gradual brain damage that usually goes unnoticed,

The vulnerable and gullible populace

Is systematically poisoned

It's genocide

Fluoride is an ingredient in rat poison and insecticide,

And causes many miscarriages; so there's not much room to 'theorize' about the obvious

Poison people are bombarded with

By such monstrous corporate conglomerates

Enforcing war and forcing poison upon us

To control us with lies

As if we don't realize

The need to mobilize

To defy

The assault on our minds

Newscasters who spew disaster don't inform those who view that a fashionable discrimination,
mentalism or sanism, a variation of ableism or disabelism

is endorsed as preferable
while everybody who's stigmatized and ostracized
is considered expendable
and detestable
for being traumatized and almost universally despised
many are forcibly drugged and electroshocked to be vegetables
it's disturbing to describe
such reprehensible
atrocities enforced by
Probate Judges
who hold their grudges
while the reporters don't want to realize they stigmatize those who would probably save their
lives.
Fear sells. I'm not buying.
Measles isn't a death sentence.
Censorship of a documentary
Is barely even trying.
The fear mongering is blatant denying and lying.
Measles isn't bubonic plague.
Such feeble claims aren't even as vague rather than opposite the truth.
The populace is too afraid to comprehend proof.
Distress when the press will degrade
a minority who couldn't weaken any herd immunity,
That's inherently absurd, brutally undeterred by scrutiny.
Not one American child dead from measles in over a decade
The vaccinated majority is told lie after lie.
The herd immunity rationale doesn't apply
When pretending viruses could be spread by those who haven't caught them or that new strains
are to blame.
That's an inherently bogus claim.
Forced vaccination with bans and badges are inhumane.
Mandatory vaccination is oppressive because it's coercive, thus indefensible.
There could be internment or worse for those who don't get vaccinated on schedule.
The autists are stigmatized by lies and portrayed as expendable.
Autism doesn't cause rampages,
The savant syndrome misdiagnosed while geniuses are locked in cages.
The reprehensible sadistic staff will Drug Shock Misdiagnose
To push their drugs to those who thought they were immunized.
Disease is exacerbated.
Only a minority are unvaccinated.
The harm caused by measles is exaggerated.
The idea of a herd immunity weakened by a minority is outrageous,

Like bogus bans and badges on those who didn't catch anything and therefore, are apparently not contagious.

Doped up staff are sociopaths who laugh as they steal opiates from the detoxification wards they're working at, forcing prisoners into rehabilitation.

This invasion is futile, it's desperation when the pushers resort to slander phrenia.

Therapy can't be forced.

Pushers label anybody

'mentally ill' without evidence

then pretend they have grounds to torture

while claiming to 'medicate'

those whom they denigrate to decimate

it's never therapeutic when against their will

For freedom from psychiatry,

force and fraud,

I easily see through a façade

civilized society is entirely for skills

and psychiatry kills

by prescribing pills

to cause depression and anxiety, thus

depriving targets of survival skills "

Chapter Thirty Nine

Card of the Day : 3 of Hearts

Tarot Card of the Day : 7 of Pentacles

Rider - Waite Tarot Card of the Day : 6 of Cups

Lenormand Tarot Card of the Day : Birds

Current situation in life : Clover, Dog, Stork

6:17 a.m.

Ingenuity continues growing faster, especially on YouTube.

7:07 am.

recent fb post :

" beware of a YouTuber calling himself the CynicalDouche, this bigot labeled me a "cuck" and denied the historical fact that Anslinger hated jazz musicians and Mexicans. Classism plus racism equals criminalizing medical necessity. The hate monger sneered "weed is green and has nothing to do with YOUR agenda" despite that Anslinger and Hearst blatantly targeted jazz musicians and Mexicans by portraying them as "insane on reefer", hence it was Anslinger and Hearst who had that agenda. I recommend unsubscribing from this bigot's channel. He denigrates a medicinal herb that saves lives by pretending to be knowledgeable about said topic. "

7:23 a.m.

all attempts to censor the truth only inadvertently verify that it's the truth, Facebook's attempts to silence me don't scare me, I tell it like it is regardless of the "warning shots" from Facebook that backfire every time and reiterate that what I do works.

10:28 a.m.

Ingenuity reached 2522 views in a year after 1000 views in the first 7 months and shall continue growing rapidly.

circa 5:42 p.m.

Just checked FB messenger and _____ said she'll be sending me some Reiki. She hadn't yet heard from her friend at DSS.

circa 11:30 p.m.

Psychedelic Adventure shared Ingenuity.

Chapter Forty

Card of the Day : 2 of Diamonds

Tarot Card of the Day : Reversed Page of Pentacles

Rider-Waite card of the day moon

Lenormand Card of the Day : Bear

Saturday, September 21st, 2019

4:31 a.m.

2547 views of Ingenuity.

circa 9:20 a.m.

2560 views of Ingenuity

2568 views of Ingenuity.

circa 6:15 p.m.

news reports on US and Iran tensions.

circa 6:35 p.m.

listening to isochronic tones to relieve a headache.

circa 6:50 p.m.

7:14 p.m.

6 out of 25 on Zener card test.

7:19 p.m.

another 6 out of 25

11:45 p.m.

2579 views of Ingenuity

Chapter Forty One

Sunday, September 22nd

Card of the Day : Jack of Hearts

Tarot Card of the Day : reversed 2 of Pentacles

Lenormand Tarot Card of the Day : Clover

Rider - Waite Tarot Card of the Day : 6 of Swords

5:34 a.m.

Ingenuity is at 2589 views.

9:14 a.m.

2591 views of Ingenuity. 62 subscribers.

circa 9:20 a.m.

near future :

reversed 7 of wands

8 of cups

5 of cups

circa 3:00 p.m.

Without medicinal herb, not easy. Intrusive memories and thoughts again. Drowsy from Abilify.

To this day, still not allowed to recover. Too drowsy to stand up and can't sleep. After being

forced to take drugs when I was a child, I was never allowed to taper off of them. The

withdrawal symptoms inevitably meant being forced back into the hospital to be tortured again.

Lenormand Tarot weekly forecast :

Monday - child

Tuesday - sun

Wednesday - Lily

Thursday - Garden

Friday - Birds

Saturday - Snake

Sunday - Clover

3:40 p.m.

Ingenuity reached 2600 views.

3:50 p.m.

ground scored a decent portion of a blunt, smoked it, mood improved

4:24 p.m.

there's a dog that roams into the backyard and this one's possibly a purebred pitbull unaccompanied rather than roaming into the yard.

circa 4:45 p.m.

reinstalled DuoLingo, resumed Geailge lessons.

circa 5:10 p.m.

listening to isochronic tones to aide extra sensory perception.

Tomorrow ends a 9 day cycle, then Tuesday begins a new one.

7:50 p.m.

14 out of 25 correct when guessing colors on the cards. Submitted to the leaderboard.

circa 8:00 p.m.

posted to FB :

14 out of 25 correct guessing colors on cards. Anything score than 5 correct isn't chance alone. Any score 11 or more correct can be submitted to the leaderboard. I'm on the leaderboard now.

circa 8:07 p.m.

Past : King of Spades

Present : Queen of Diamonds

Future : Queen of Hearts

10:43 p.m.

somebody liked my comment on YouTube "such extreme skepticism is for the most ignorant and irrational "

Monday, September 23rd, 2019

Card of the Day : 7 of Hearts

Tarot Card of the Day ; Reversed 9 of Wands

Rider Waite Tarot Card of the Day : Ace of Cups

Lenormand Tarot Card of the Day : Stork

5:25 a.m.

2615 views of Ingenuity

I'm a philosopher by definition because I love wisdom.

(Is fealsamh mé trí shainmhíniú mar is breá liom an ghaois.)

returned to my house in Wethersfield

3:50 p.m

Ingenuity at 2620 views.

7:18 p.m.

2625 views of Ingenuity.

Tomorrow, another 9 day cycle begins.

Chapter Forty Two

Card of the Day : 9 of Hearts

Tarot Card of the Day : Ten of Pentacles

Rider Tarot Card of the Day : Two of Swords

Lenormand Tarot Card of the Day : Scythe

5:21 a.m.

2635 views of Ingenuity

circa 7:05 a.m.

near future :

reversed 2 of Swords, 6 of pentacles, reversed page of pentacles

circa 8:45 a.m.

10 out of 25 correct guessing colors on cards.

circa 11:28 a.m.

Two appointments today. Soon heading to an appointment with Dr. John Cahill. This afternoon, chiropractor appointment.

circa 1:10 p.m.

appointment went well, hopefully getting nicorette gum soon

1:40 p.m.

2641 views of Ingenuity

3:19 p.m.

9 out of 25 correct guessing colors on cards.

5:00 p.m

returned from chiropractor appointment

5:30 p.m.

Ingenuity at 2650 views.

6:02 p.m.

planning to begin quitting tobacco today.

7:43 p.m.

Nicotine gum hopefully arrives soon.

8:25 p.m.

someone else's visiting nurse threatened me. He won't tell me his name. He addressed me by my initials and K.T. sounds like Katie so I politely asked him not to call me the wrong name, then he had an aggressive tone

circa 8:30 p.m.

I just heard the nicotine gum arrived

I told Independence Unlimited about the violation
